



Veggie Chili

with Tortilla Chips and Sour Cream

Veggie

Spicy

35 Minutes



Kidney Beans



Garlic



Green Bell Pepper



Yellow Onion



Mexican Seasoning



Vegetable Broth Concentrate



Crushed Tomatoes



Cheddar Cheese, shredded



Sour Cream



Carrot



Chipotle Powder



Tortilla Chips

HELLO TORTILLA CHIPS

These crunchy corn tortilla chips are the perfect vessels to scoop up every last bite!

Start here

Before starting, wash and dry all produce.

Heat Guide for Step 3:

- Mild: ¼ tsp
- Medium: ¼ tsp
- Spicy: ½ tsp
- Extra-spicy: 1 tsp

Bust out

Vegetable peeler, measuring spoons, strainer, measuring cups, large pot

Ingredients

	2 Person	4 Person
Kidney Beans	370 ml	740 ml
Garlic	6 g	12 g
Green Bell Pepper	200 g	400 g
Yellow Onion	56 g	113 g
Mexican Seasoning	1 tbsp	2 tbsp
Vegetable Broth Concentrate	1	2
Crushed Tomatoes	370 ml	740 ml
Cheddar Cheese, shredded	¼ cup	½ cup
Sour Cream	3 tbsp	6 tbsp
Carrot	170 g	340 g
Chipotle Powder 🌶️	¼ tsp	¼ tsp
Tortilla Chips	85 g	170 g
Oil*		
Salt and Pepper*		

* Pantry items

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

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1 Prep

Core, then cut **pepper** into ½-inch pieces. Drain and rinse **beans**. Peel, then cut **carrot** into ¼-inch pieces. Peel, then cut **half the onion** into ¼-inch pieces (whole onion for 4 ppl). Peel, then mince or grate **garlic**.



2 Cook veggies

Heat a large pot over medium heat. When hot, add **1 tbsp oil** (dbl for 4 ppl), then **onions, carrots** and **peppers**. Cook, stirring often, until **veggies** start to soften, 4-5 min.



3 Cook aromatics

Add **garlic, Mexican Seasoning** and **¼ tsp chipotle powder** to the pot. (NOTE: Reference heat guide.) Cook, stirring often, until fragrant, 1 min.



4 Simmer chilli

Add **broth concentrate, crushed tomatoes, beans** and **¾ cup water** (dbl for 4 ppl) to the pot. Bring to a boil over medium-high. Once boiling, reduce heat to medium. Simmer, stirring occasionally, until **veggies** soften and **chilli** thickens slightly, 12-15 min. Season with **salt** and **pepper**.



5 Finish and serve

Divide **chilli** between bowls. Dollop **sour cream** over top. Sprinkle with **cheese**. Serve **tortilla chips** alongside for dipping.

Dinner Solved!