

Veggie Chili

with Tortilla Chips and Sour Cream

Veggie

Spicy

35 Minutes









Kidney Beans

Garlic, cloves





Mirepoix

Mexican Seasoning







Vegetable Broth Concentrate

Crushed Tomatoes





Cheddar Cheese, shredded

Sour Cream





Chipotle Powder

Tortilla Chips





Sweet Bell Pepper

Tomato Sauce Base

HELLO TORTILLA CHIPS

Start here

Before starting, wash and dry all produce.

Heat Guide for Step 3:

- Mild: 1/8 tsp
- Medium: ¼ tsp
- Spicy: ½ tsp
- Extra-spicy: 1 tsp

Bust out

Measuring spoons, strainer, measuring cups, large pot

Ingredients

| ingi edients | | |
|--------------------------------|----------|----------|
| | 2 Person | 4 Person |
| Kidney Beans | 370 ml | 740 ml |
| Garlic, cloves | 2 | 4 |
| Mirepoix | 113 g | 227 g |
| Mexican Seasoning | 2 tbsp | 4 tbsp |
| Vegetable Broth Concentrate | 1 | 2 |
| Crushed Tomatoes | 370 ml | 796 ml |
| Cheddar Cheese, shredded | 1/4 cup | ½ cup |
| Sour Cream | 3 tbsp | 6 tbsp |
| Chipotle Powder 🥒 | 1/4 tsp | 1/4 tsp |
| Tortilla Chips | 85 g | 170 g |
| Sweet Bell Pepper | 160 g | 320 g |
| Tomato Sauce Base | 2 tbsp | 4 tbsp |
| Oil* | | |
| Salt and Pepper* | | |
| | | |

^{*} Pantry items

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



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Prep

- Core, then cut **pepper** into ½-inch pieces.
- Using a strainer, drain and rinse beans.
- Peel, then mince or grate garlic.



Cook veggies

- Heat a large pot over medium heat.
- When hot, add **1 tbsp oil** (dbl for 4 ppl), then **mirepoix** and **peppers**. Cook, stirring often, until **veggies** start to soften, 4-5 min.



Cook aromatics

• Add garlic, tomato sauce base, Mexican Seasoning and ½ tsp chipotle powder to the pot with veggies. (NOTE:: Reference heat guide.) Cook, stirring often, until fragrant, 1 min.



Simmer chili

- Add broth concentrate, crushed tomatoes, beans and ¾ cup water (dbl for 4 ppl) to the pot. Bring to a boil over medium-high.
- Once boiling, reduce heat to medium. Simmer, stirring occasionally, until **veggies** soften and **chili** thickens slightly, 12-15 min.
- Season with salt and pepper, to taste.



Finish and serve

- Divide chili between bowls.
- Dollop **sour cream** over top.
- Sprinkle with cheese.
- Serve tortilla chips alongside for dipping.

Dinner Solved!