



# Traditional Lamb Shepherd's Pie

with Fluffy Mash and Crispy Parmesan Topping

Family Friendly

40 Minutes



### CUSTOM RECIPE

This is a Custom Recipe. If you chose to swap your protein, simply follow the instructions on the back of this card and you're set.  
Happy cooking!



Ground Lamb



Ground Turkey



Russet Potato



Mirepoix



Green Peas



Thyme



Garlic, cloves



Tomato Sauce Base



Soy Sauce



Sour Cream



Parmesan Cheese, shredded

### HELLO SHEPHERD'S PIE

The difference between shepherd's pie and cottage pie is simple: Shepherd's pie is made with lamb and cottage pie is made with beef!

## Start here

- Before starting, preheat the broiler to high.
- Wash and dry all produce.

## Bust out

Vegetable peeler, colander, measuring spoons, potato masher, measuring cups, large pot, large non-stick pan, 8x8-inch baking dish

## Ingredients

	2 Person	4 Person
Ground Lamb	250 g	500 g
Ground Turkey	250 g	500 g
Russet Potato	690 g	1380 g
Mirepoix	113 g	227 g
Green Peas	56 g	113 g
Thyme	7 g	7 g
Garlic, cloves	2	4
Tomato Sauce Base	1 tbsp	2 tbsp
Soy Sauce	1 tbsp	2 tbsp
Sour Cream	3 tbsp	6 tbsp
Parmesan Cheese, shredded	¼ cup	¼ cup
Unsalted Butter*	2 tbsp	4 tbsp
Oil*		
Salt and Pepper*		

\* Pantry items

\*\* Cook to a minimum internal temperature of 74°C/165°F.

## Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

*Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.*

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### Cook potatoes

Peel, then cut **potatoes** into ½-inch pieces. Add **potatoes**, **2 tsp salt** and **enough water** to cover (by approx. 1 inch) to a large pot (use same for 4 ppl). Cover and bring to a boil over high heat. Once boiling, reduce heat to medium. Simmer uncovered until fork-tender, 10-12 min.



### Assemble shepherd's pie

Drain and return **potatoes** to the same pot, off heat. Mash **2 tbsp butter** (dbl for 4 ppl) into **potatoes** until creamy. Stir in **sour cream**. Season with **salt** and **pepper**. Top **lamb mixture** with **mashed potatoes**. Smooth **mashed potatoes** over top, covering **lamb mixture**.



### Cook veggies

While **potatoes** cook, peel, then mince or grate **garlic**. Strip **1 tbsp thyme leaves** from stems (dbl for 4 ppl). Heat a large non-stick pan over medium-high heat. When hot, add **½ tbsp oil** (dbl for 4 ppl), then **mirepoix**, **thyme** and **garlic**. Cook, stirring occasionally, until **veggies** start to soften, 3-4 min. Season with **salt** and **pepper**.



### Broil shepherd's pie

Sprinkle **Parmesan** over **assembled shepherd's pie**. Broil in the **middle** of the oven until **topping** is golden-brown, 2-3 min. (**TIP:** Keep an eye on it so it doesn't burn!)



### Cook lamb

Add **lamb** to the pan with **veggies**. Cook, breaking up **lamb** into smaller pieces, until no pink remains, 4-5 min.\*\* Add **peas**, **half the tomato sauce base** (use all for 4 ppl), **soy sauce** and **½ cup water** (dbl for 4 ppl) to the pan. Cook, stirring occasionally, until **sauce** thickens slightly, 5-6 min. Season with **salt** and **pepper**. Remove the pan from heat and transfer **lamb mixture** to an 8x8-inch baking dish (9x13-inch for 4 ppl).



### CUSTOM RECIPE

If you've opted to get **turkey**, cook it in the same way the recipe instructs you to cook the **lamb**.



### Finish and serve

Let **shepherd's pie** cool slightly, 4-5 min. Divide **shepherd's pie** between plates.

## Dinner Solved!