

# Thai-Style Coconut Kidney Bean Curry

with Green Onion Fried Rice

Veggie

Optional Spice

e 30 Minutes



HELLO GREEN ONION
Another common name for this allium is scallion!

### Start here

Before starting, wash and dry all produce.

Heat Guide for Step 3 (dbl for 4 ppl): • Mild: ¼ tsp • Medium: ½ tsp • Spicy: 1 tsp

#### Bust out

Vegetable peeler, measuring spoons, strainer, medium pot, measuring cups, large pot, large non-stick pan

#### Ingredients

|                         | 2 Person | 4 Person |
|-------------------------|----------|----------|
| Kidney Beans            | 370 ml   | 740 ml   |
| Green Onion             | 2        | 4        |
| Garlic, cloves          | 1        | 2        |
| Lemongrass              | 1        | 1        |
| Vegetarian Oyster Sauce | 4 tbsp   | 8 tbsp   |
| Sweet Potato            | 170 g    | 340 g    |
| Baby Spinach            | 56 g     | 113 g    |
| Ginger                  | 15 g     | 30 g     |
| Coconut Milk            | 165 ml   | 330 ml   |
| Basmati Rice            | ¾ cup    | 1 ½ cups |
| Red Chili Pepper 🥑      | 1        | 2        |
| Onion, chopped          | 56 g     | 113 g    |
| Oil*                    |          |          |
| Salt and Pepper*        |          |          |

\* Pantry items

#### Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

## Contact

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#### Cook rice

• Add **rice**, **1** ¼ **cups water** and ½ **tsp salt** (dbl both for 4 ppl) to a medium pot. Bring to a boil.

- Once boiling, reduce heat to low. Cover and cook until **rice** is tender and **liquid** is absorbed, 12-14 min.
- Remove the pot from heat. Set aside, still covered.



#### Prep

• Meanwhile, using a strainer, drain and rinse **kidney beans**.

- Thinly slice green onions.
- Peel, then cut **sweet potato** into ½-inch pieces.

• Peel, then finely mince or grate **half the ginger** (all for 4 ppl).

- Peel, then mince or grate **garlic**.
- Trim the bottom of **lemongrass**, then remove outer layer. Using a rolling pin or heavy pot, carefully smash **lemongrass** to split open.

• Thinly slice **chili**, removing **seeds** for less heat. (TIP: We suggest using gloves when prepping chilis!)



#### Finish curry

- Remove lemongrass pieces from curry.
- Add **spinach** to **curry**. Stir until wilted, 1 min.
- Season with salt and pepper, to taste.



#### Cook curry

• Heat a large pot over medium heat.

• When hot, add ½ **tbsp oil** (dbl for 4 ppl), then **ginger**, **garlic**, **lemongrass**, **onions** and ¼ **tsp chilis**. (NOTE: Reference heat guide.) Cook, stirring often, until fragrant, 1-2 min.

• Add kidney beans, sweet potatoes, vegetarian oyster sauce and coconut milk.

• Rinse **coconut milk can** with <sup>1</sup>/<sub>3</sub> **cup water** (<sup>1</sup>/<sub>4</sub> cup for 4 ppl), then add to the pot. Bring to a simmer over high heat.

• Once simmering, reduce heat to medium. Cover and cook, stirring occasionally, until **sweet potatoes** are tender, 8-10 min.



#### Finish and serve

- Divide **rice** between bowls, then top with **curry**.
- Sprinkle **any remaining chilis** over top, to taste.

# **Dinner Solved!**

A line

Fry rice

4

- Meanwhile, heat a large non-stick pan over medium-high heat.
- When hot, add **1 tbsp oil** (dbl for 4 ppl), then **green onions**. Cook, stirring often, until **green onions** soften, 1-2 min.

• Add **rice**. Cook, stirring often, until combined, 2-3 min. Season with **salt** and **pepper**, to taste.