

Thai-Style Coconut Kidney Bean Curry

with Lemongrass-Infused Fried Shallot Rice

Veggie

30 Minutes





Kidney Beans







Red Curry Paste

Baby Spinach

Cilantro





Sweet Potato





Coconut Milk





Crispy Shallots

Start here

Before starting, wash and dry all produce.

Bust out

Vegetable peeler, measuring spoons, medium pot, measuring cups, large pot, strainer

Ingredients

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	2 Person	4 Person
Kidney Beans	370 ml	740 ml
Lemongrass	1	1
Jasmine Rice	¾ cup	1 ½ cups
Red Curry Paste	4 tbsp	8 tbsp
Sweet Potato	170 g	340 g
Baby Spinach	56 g	113 g
Coconut Milk	400 ml	800 ml
Cilantro	7 g	14 g
Crispy Shallots	28 g	56 g
Oil*		

Salt and Pepper*

* Pantry items

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



Cook rice

- Remove outer layer of lemongrass. Carefully smash **lemongrass** with a rolling pin or a heavy pot to bruise, then halve crosswise.
- Using a strainer, rinse rice until water runs clear. Drain well.
- Add lemongrass, rice, half the crispy shallots, 1 cup water and 1/4 tsp salt (dbl both for 4 ppl) to a medium pot. Cover and bring to a boil over high heat.
- Once boiling, reduce heat to medium-low. Cover and cook until rice is tender and liquid is absorbed, 12-14 min. (NOTE: Reduce heat to low if water is boiling over.)
- Remove the pot from heat. Set aside, still covered.



Prep

- Meanwhile, peel, then cut sweet potato into ½-inch pieces.
- Roughly chop cilantro.



Cook curry

- Heat a large pot over medium heat.
- When hot, add ½ tbsp oil (dbl for 4 ppl), then **curry paste**. Cook, stirring often, until fragrant, 30 sec.
- Add kidney beans with their liquid, sweet potatoes and coconut milk. Season with salt and pepper, then bring to a simmer over high.
- Once simmering, reduce heat to mediumlow. Cover and cook, stirring occasionally, until sweet potatoes are tender, 8-10 min.



Finish rice

- When **rice** is done, carefully remove and discard lemongrass from rice.
- Add half the cilantro, then fluff rice with a fork.



Finish curry

- Add spinach to curry. Stir until wilted, 1 min.
- Season with salt and pepper, to taste.



Finish and serve

- Divide rice between bowls, then top with curry.
- Sprinkle remaining crispy shallots and cilantro over top.

Contact

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Dinner Solved!