

Thai 'Pad Krapow Moo'

with Green Beans and Cilantro

Optional Spice

30 Minutes











Chili Pepper





Onion, chopped

Green Beans

Brown Sugar



Basmati Rice



Ginger

Cilantro



Soy Sauce





HELLO PAD KRAPOW MOO

Start here

Before starting, wash and dry all produce.

Heat Guide for Step 4 (dbl for 4 ppl):

- Mild: 1/4 tsp
- Medium: ½ tsp
- Spicy: 1 tsp
- Extra-spicy: 2 tsp

Bust Out

Measuring spoons, zester, medium pot, measuring cups, large non-stick pan

Ingredients

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	2 Person	4 Person
Ground Pork	250 g	500 g
Lime	1	2
Chili Pepper 🥑	1	2
Green Beans	340 g	680 g
Brown Sugar	2 tbsp	4 tbsp
Onion, chopped	56 g	113 g
Basmati Rice	¾ cup	1 ½ cup
Ginger	30 g	60 g
Soy Sauce	2 tbsp	4 tbsp
Cilantro	7 g	14 g
Garlic	6 g	12 g
Oil*		

Salt and Pepper*

Allergens

Hey home cooks! Please refer to our meal kit labels for the most current allergen information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

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Prep

Add 1 ¼ cups water (dbl for 4 ppl) to a medium pot. Cover and bring to a boil over high heat. While water comes to a boil, trim, then halve green beans. Roughly chop cilantro. Peel, then mince or grate garlic. Peel, then finely grate 1 tbsp ginger (dbl for 4 ppl). Zest, then cut lime into wedges. Finely chop chili, removing seeds for less heat. (NOTE: We suggest using gloves when prepping chili!)



Cook rice

Add **rice** to the pot of **boiling water**. Reduce the heat to low. Cook, still covered, until **rice** is tender and **liquid** is absorbed, 12-14 min.



Cook green beans

While **rice** cooks, heat a large non-stick pan over medium-high heat. When hot, add **1 tbsp oil** (dbl for 4 ppl), then **green beans**. Season with **salt** and **pepper**. Cook, stirring occasionally, until tender-crisp, 4-5 min. Transfer to a plate and set aside.



Cook pork

Add 1 tbsp oil (dbl for 4 ppl) to the same pan, then onions, ginger, garlic and ½ tsp chili. (NOTE: Reference Heat Guide.) Cook, stirring often, until fragrant, 1-2 min. Add pork. Cook, breaking up pork into smaller pieces, until no pink remains, 4-5 min.**



Finish pork

Sprinkle **brown sugar** over **pork**. Cook, stirring often, until **pork** is dark goldenbrown, 2-3 min. Stir in **lime zest**, **soy sauce**, **green beans** and **2 tbsp water** (dbl for 4 ppl). Cook, stirring often, scraping up any **browned bits** from bottom of the pan, until **green beans** are warmed through, 1 min.



Finish and serve

Fluff **rice** with a fork, then divide between plates. Top with **pork** and sprinkle with **cilantro**. Squeeze over a **lime wedge**, if desired.

Dinner Solved!

^{*} Pantry items

^{**} Cook to a minimum internal temperature of 74°C/165°F.