

Thai-Inspired Ginger Pork Chops

with Coconut Rice and Peanuts

Spicy

30 Minutes





boneless



Coconut Milk



Basmati Rice





Sweet Bell Pepper





Green Beans





Peanuts, chopped



Sweet Chili Sauce



Soy Sauce

Start here

- Before starting, preheat the oven to 425°F.
- Wash and dry all produce.

Bust out

Baking sheet, medium bowl, measuring spoons, zester, medium pot, measuring cups, large non-stick pan, paper towels

Ingredients

	2 Person	4 Person
Pork Chops, boneless	340 g	680 g
Basmati Rice	¾ cup	1 ½ cups
Coconut Milk	165 ml	400 ml
Sweet Bell Pepper	160 g	320 g
Green Beans	170 g	340 g
Lime	1	1
Ginger	15 g	30 g
Peanuts, chopped	28 g	56 g
Sweet Chili Sauce	4 tbsp	8 tbsp
Soy Sauce	1 tbsp	2 tbsp
Oil*		
Salt and Pepper*		

^{*} Pantry items

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

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Make ginger-coconut rice

Peel, then mince or grate 1 tbsp ginger (dbl for 4 ppl). Heat a medium pot over medium heat. When hot, add ½ tbsp oil (dbl for 4 ppl), then rice, half the ginger and ¼ tsp salt (dbl for 4 ppl). Cook, stirring often, until fragrant, 2-3 min. Add coconut milk and ½ cup water (1 cup for 4 ppl). Bring to a boil over high heat. Once boiling, reduce heat to low. Cover and cook until rice is tender and liquid is absorbed, 12-14 min. Remove the pot from heat. Set aside, still covered.



Prep

While **rice** cooks, trim, then halve **green beans**. Core, then cut **pepper** into ¼-inch strips. Zest **half the lime** (whole lime for 4 ppl), then cut into wedges.



Cook pork

Pat **pork** dry with paper towels. Season with **salt** and **pepper**. Heat a large non-stick pan over medium-high heat. When hot, add ½ **tbsp oil** (dbl for 4 ppl), then **pork**. Pan-fry until golden, 2-3 min per side. Transfer **pork** to an unlined baking sheet. Roast in the **middle** of the oven until cooked through, 7-10 min.**



Cook veggies

While **pork** roasts, heat the same pan over medium-high. When hot, add **green beans** and **3 tbsp water** (dbl for 4 ppl). Cook, stirring occasionally, until starting to soften, 3-4 min. Add ½ **tbsp oil**, then **peppers**. Season with **salt** and **pepper**. Cook, stirring occasionally, until **veggies** are tender-crisp, 3-4 min. Remove the pan from heat, then transfer **veggies** to a plate. Cover to keep warm.



Make sauce

Stir together sweet chili sauce, soy sauce and ½ cup water (dbl for 4 ppl) in a medium bowl. Heat the same pan over medium. When hot, add ½ tbsp oil (dbl for 4 ppl), then remaining ginger. Cook, stirring often, until fragrant, 30 sec. Add sweet chili mixture. Cook, stirring often, until sauce thickens slightly, 1-2 min.



Finish and serve

Fluff rice with a fork, then season with salt. Stir in lime zest. Thinly slice pork. Divide rice between bowls. Top with veggies and pork, then spoon sauce over pork. Sprinkle with peanuts and squeeze over a lime wedge, if desired.

Dinner Solved!

^{**} Cook to a minimum internal temperature of 71°C/160°F, as size may vary.