

HELLO FRESH Tex-Mex Tofu Tacos

with Avocado Crema and Cheddar Cheese

25 Minutes Veggie

2 Double

If you chose to alter your protein, simply follow the icons and specific instructions on the back in the sidebar and you're set. You can also refer to your customized recipe online, visit hellofresh.ca 🌑



Allergens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat. 😣 Double

Tofu

2 4

Pantry items | Oil, salt, pepper, sugar

Cooking utensils | Medium bowl, measuring spoons, zester, large bowl, small bowl, whisk, large non-stick pan, paper towels



Prep tofu

· Before starting, wash and dry all produce.

🕺 Double | Tofu 🛛

- Pat tofu dry with paper towels.
- Crumble into pea-sized pieces into a medium bowl.
- Season with Tex-Mex paste, Enchilada Spice Blend, salt and pepper, then toss to coat.



Make salad

- Add ½ tbsp (1 tbsp) lime juice, 1/4 tsp (1/2 tsp) sugar and 1/2 tbsp (1 tbsp) oil to a large bowl.
- Season with salt and pepper, then whisk to combine.
- Add spring mix and tomatoes, then toss to combine. Set aside.



Fry tofu

🕺 Double | Tofu

- Heat a large non-stick pan over medium-high heat.
- When the pan is hot, add 1 tbsp (2 tbsp) oil, then tofu.
- Cook, stirring often, until golden-brown all over, 7-10 min.
- Season with ¼ tsp (½ tsp) salt.
- Remove from heat.



Prep and make crema

- Meanwhile, zest, then juice lime.
- Cut tomato into 1/4-inch pieces.
- Combine guacamole, sour cream, 1/2 tbsp (1 tbsp) lime juice and lime zest in a small bowl. Set aside.



1 Prep tofu

😡 Double | Tofu

If you've opted for **double tofu**, use a large bowl in this step.

2 | Fry tofu

😡 Double | Tofu

Don't overcrowd the pan. Cook tofu in batches as needed, using **1 tbsp oil** per batch.





Warm tortillas

- Wrap tortillas in paper towels.
- Microwave until warm and flexible, 1 min. (TIP: You can skip this step if you don't want to warm tortillas!)



Finish and serve

- Divide Tex-Mex tofu between tortillas.
- Sprinkle with cheese.
- Dollop avocado crema over top.
- Top with **some salad**.

