

Summer Turkey Bolognese

with Basil and Zucchini

30 Minutes



A classic meat-based sauce found in Italian cuisine!

Start here

Before starting, wash and dry all produce.

Bust out

Colander, measuring spoons, measuring cups, large pot, large non-stick pan

Ingredients

	2 Person	4 Person
Minced Turkey	250 g	500 g
Spaghetti	170 g	340 g
Basil	7 g	14 g
Zucchini	200 g	400 g
Baby Heirloom Tomatoes	113 g	227 g
Balsamic Vinegar	1 tbsp	2 tbsp
Parmesan Cheese, shredded	¼ cup	½ cup
Garlic Puree	1 tbsp	2 tbsp
Basil Pesto	56 g	112 g
Italian Seasoning	1 tbsp	2 tbsp
Unsalted Butter*	1 tbsp	2 tbsp
Oil*		

Salt and Pepper*

* Pantry items **Cook to a minimum internal temperature of 74°C/165°F.

Allergens

Hey home cooks! Please refer to our meal kit labels for the most current allergen information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

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Prep

Add 10 cups water and 2 tsp salt to a large pot (use same for 4 ppl). Cover and bring to a boil over high heat. While water comes to a boil, halve **zucchini** lengthwise, then cut into 1/4-inch half-moons. Halve tomatoes.



Cook turkey and zucchini

Heat a large non-stick pan over mediumhigh heat. When hot, add 1 tbsp oil (dbl for 4 ppl), then turkey, garlic puree and Italian Seasoning. Cook, breaking up turkey into smaller pieces, until cooked through, 4-5 min.** Add zucchini. Cook, stirring occasionally, until tender, 3-4 min. Season with **salt** and **pepper**.



Cook spagehtti

While turkey cooks, add spaghetti to the **boiling water**. Cook, stirring occasionally, until tender, 10-12 min. When done, reserve ¹/₂ cup pasta water (dbl for 4 ppl), then drain.



Make sauce

Add pesto, tomatoes, reserved pasta water and vinegar to turkey mixture. Cook, stirring occasionally, until **sauce** thickens slightly, 2-3 min. Season with salt and pepper.



Assemble bolognese Add spaghetti, half the Parmesan and 1 tbsp butter (dbl for 4 ppl) to sauce. Remove pan from heat, then stir until **spaghetti** is coated.



Finish and serve

Divide turkey bolognese between bowls. Sprinkle with remaining Parmesan. Tear basil over top.

Dinner Solved!