

Spicy Kung Pao-Style Chicken

with Peanuts and Ginger Rice

Discovery

Spicy

30 Minutes









Chicken Thighs



Cream Sauce Spice



Sweet Bell Pepper

Basmati Rice





Garlic, cloves





Green Onion



Chili-Garlic Sauce



Soy Sauce



Sweet Chili Sauce



Peanuts, chopped

Start here

Before starting, wash and dry all produce.

Heat Guide for Step 2 (dbl for 4 ppl):

- Mild: ½ tsp
- Medium: 1 tsp
- Spicy: 2 tsp
- Extra-spicy: 1 tbsp

Bust out

2 Medium bowls, measuring spoons, medium pot, measuring cups, whisk, large non-stick pan, paper towels

Ingredients

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	2 Person	4 Person
Chicken Thighs •	280 g	560 g
Basmati Rice	¾ cup	1 ½ cups
Cream Sauce Spice Blend	3 tbsp	6 tbsp
Sweet Bell Pepper	160 g	320 g
Celery	3	6
Garlic, cloves	2	4
Ginger	15 g	30 g
Green Onion	2	2
Chili-Garlic Sauce	1 tbsp	2 tbsp
Soy Sauce	2 tbsp	4 tbsp
Sweet Chili Sauce	2 tbsp	4 tbsp
Peanuts, chopped	28 g	56 g
Oil*		
Salt and Pepper*		

- * Pantry items
- ** Cook to a minimum internal temperature of 74° C/ 165° F, as size may vary.
- * Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent. Both will disappear 3 minutes after opening.

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

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Cook ginger rice

- Peel, then mince or grate 1 tbsp ginger (dbl for 4 ppl).
- Heat a medium pot over medium heat.
- When hot, add ½ **tbsp oil** (dbl for 4 ppl), then **ginger** and **rice**. Cook, stirring often, until fragrant, 1-2 min.
- Add 1 ¼ cups water and ¼ tsp salt (dbl both for 4 ppl). Bring to a boil over high.
- Once boiling, reduce heat to low. Cover and cook until rice is tender and liquid is absorbed, 12-14 min.
- Remove the pot from heat. Set aside, still covered.



Prep and cook chicken

- Pat chicken dry with paper towels, then cut into 1-inch pieces on a separate cutting board.
- Add chicken and Cream Sauce Spice Blend to another medium bowl, then toss until all chicken pieces are fully coated.
- Heat the same large non-stick pan over medium. When hot, add 1 tbsp oil (dbl for 4 ppl), then chicken. Cook, turning pieces occasionally, until golden-brown and cooked through, 6-8 min.**



Prep and make sauce mixture

- Meanwhile, core, then cut **pepper** into 1-inch pieces.
- Cut celery crosswise into 1/4-inch slices.
- Thinly slice green onions.
- Peel, then mince or grate garlic.
- Whisk together soy sauce, sweet chili sauce, ½ cup water (¾ cup for 4 ppl) and 1 tbsp chili-garlic sauce in a medium bowl. (NOTE: Reference heat guide for chili-garlic sauce.)



Toast peanuts and cook veggies

- Heat a large non-stick pan over medium heat. Add **peanuts** to the dry pan. Toast, stirring often, until golden-brown, 4-5 min. (TIP: Keep your eye on them so they don't burn!) Transfer **peanuts** to a plate.
- Heat the same pan over medium-high.
- When hot, add ½ **tbsp oil** (dbl for 4 ppl), then **peppers** and **celery**. Cook, stirring often, until tender-crisp, 4-5 min.
- Add **garlic**. Cook, stirring often, until fragrant, 1 min.
- Transfer veggies to another plate.



Assemble stir-fry

- Add veggies and sauce mixture to the pan with chicken. Cook, stirring occasionally, until sauce thickens slightly, 2-3 min.
- Remove the pan from heat.
- Season with **salt** and **pepper**, to taste.



Finish and serve

- Fluff rice with a fork. Stir in half the green onions.
- Divide **rice** between plates. Top with **stir-fry**.
- Sprinkle peanuts and remaining green onions over top.

Dinner Solved!