

Spiced Striploin Steak

with Creamy Bacon and Spinach Salad

Special Plus

Spicy

45 Minutes



A blend of butter and aromatic ingredients used to boost flavour!

Start here

- Before starting, preheat the oven to 450°F.
- Remove 2 tbsp butter (dbl for 4 ppl) from the fridge and set aside to come up to room temperature.
- Wash and dry all produce.

Bust out

2 Baking sheets, measuring spoons, slotted spoon, zester, aluminum foil, large bowl, small bowl, whisk, large nonstick pan, paper towels

Ingredients

	2 Person	4 Person
Striploin Steak	370 g	740 g
Bacon Strips	100 g	200 g
Ciabatta Roll	1	2
Russet Potato	460 g	920 g
Lemon	1	2
Garlic, cloves	2	4
Parsley	7 g	14 g
Baby Spinach	113 g	227 g
Mayonnaise	4 tbsp	8 tbsp
Parmesan Cheese, shredded	1⁄4 cup	½ cup
Montreal Steak Spice 🥥	1 tbsp	2 tbsp
Unsalted Butter*	2 tbsp	4 tbsp
Oil*		
Salt and Pepper*		

* Pantry items

** Cook pork to a minimum internal temperature of 71°C/160°F and steak to a minimum internal temperature of 63°C/145°F for medium-rare; steak size will affect doneness.

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

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Prep and roast potato wedges

- Cut potatoes into ½-inch wedges.
- Add potatoes, half the Montreal Steak Spice and 1 tbsp oil (dbl for 4 ppl) to an unlined baking sheet. Season with salt, then toss to coat.
- Roast in the middle of the oven, flipping halfway through, until tender and goldenbrown, 25-28 min.



Cook bacon

- Meanwhile, cut **bacon** crosswise into 1/4-inch strips.
- Heat a large non-stick pan over medium heat.
- When hot, add **bacon**. Cook, flipping occasionally, until crispy, 5-7 min.**
- Remove the pan from heat. Using a slotted spoon, transfer **bacon** to one side of a plate to cool slightly. Set aside.
- Reserve **bacon fat** in the pan.



Prep and cook croutons

- Meanwhile, cut ciabatta into 1/2-inch pieces.
- When **bacon** is done, reheat the pan with bacon fat over medium.
- When hot, add ciabatta. Season with salt and pepper. Cook, stirring often, until ciabatta is golden-brown and crisp, 5-6 min.
- Remove the pan from heat, then add **croutons** to the other side of the plate with **bacon**.



Finish and serve

- Add spinach, bacon and croutons to the large bowl with dressing, then toss to combine.
- Thinly slice steak.
- Divide steak, potato wedges and salad between plates.
- Sprinkle remaining Parmesan over salad.
- Dollop parsley butter over steak to melt.
- Sprinkle remaining parsley over potatoes.
- Squeeze a lemon wedge over salad, if desired.

Dinner Solved!



Cook steak

- Pat **steak** dry with paper towels, then season with salt and remaining Montreal Steak Spice.
- Heat the same pan over medium.
- When hot, add ¹/₂ tbsp oil (dbl for 4 ppl), then steak. Sear until golden-brown, 1-2 min per side.
- Remove the pan from heat, then transfer steak to another unlined baking sheet.
- Roast in the **top** of the oven until cooked to desired doneness. 5-8 min.**
- When **steak** is done, transfer to a cutting board. Loosely cover with foil and set aside to rest for 5 min.



Make dressing and parsley butter

- Meanwhile, roughly chop parsley.
- Zest, then juice half the lemon. Cut remaining lemon into wedges.
- lemon zest, half the garlic and 1 tbsp lemon juice (dbl for 4 ppl) to a large bowl. Season with salt and pepper, then whisk to combine. Set aside

• Add remaining lemon zest, remaining garlic, half the parsley and 2 tbsp softened butter (dbl for 4 ppl) to a small bowl. Season with salt

and **pepper**, then stir to combine.

- - Peel, then mince or grate garlic.
 - Add mayo, half the Parmesan, half the