

Speedy Cheesy Chicken Fusilli

with Spinach and Crispy Shallots

Quick 25 Minutes



Start here

- Before starting, add 10 cups water and 2 tsp salt to a large pot (use same for 4 ppl). Cover and bring to a boil over high heat.
- Wash and dry all produce.

Bust out

Colander, measuring spoons, measuring cups, large pot, large non-stick pan

Ingredients

	2 Person	4 Person
Ground Chicken •	250 g	500 g
Garlic Puree	1 tbsp	2 tbsp
Chicken Stock Powder	1 tbsp	2 tbsp
Cream Sauce Spice Blend	1 tbsp	2 tbsp
Fusilli	170 g	340 g
White Cheddar Cheese, shredded	½ cup	1 cup
Parmesan Cheese, shredded	¼ cup	½ cup
Crispy Shallots	28 g	28 g
Baby Spinach	56 g	113 g
Dijon Mustard	1 ½ tsp	3 tsp
Chives	7 g	7 g
Milk*	½ cup	1 cup
Unsalted Butter*	1 tbsp	2 tbsp
Salt and Pepper*		

* Pantry items

 ** Cook to a minimum internal temperature of 74°C/165°F.
Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent. Both will disappear 3 minutes after opening.

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Contact

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Cook fusilli

Add fusilli to the boiling water. Cook uncovered, stirring occasionally, until tender, 9-11 min.

• Reserve ³/₄ **cup pasta water** (dbl for 4 ppl), then drain and return **fusilli** to the same pot, off heat.



Make cheese sauce

• Add **fusilli**, **reserved pasta water**, **stock powder** and ½ **cup milk** (dbl for 4 ppl) to the pan with **chicken**. Bring to a gentle simmer, stirring occasionally.

- Simmer, stirring often, until **sauce** reduces slightly, 1-2 min.
- Add **cheddar** and **Parmesan**, then reduce heat to medium. Cook, stirring often, until **cheese** melts and **sauce** thickens slightly, 2-3 min.



Prep

5

Cook spinach

until spinach wilts, 1 min.

• Remove the pan from heat.

• Add Dijon. Stir until combined.

• Add spinach to the pan. Cook, stirring often,

- Meanwhile, roughly chop **spinach**.
- Thinly slice **chives**.



Cook chicken

• Heat a large non-stick pan over mediumhigh heat.

• When hot, add **1 tbsp butter** (dbl for 4 ppl), then swirl the pan until melted.

- Add chicken. Cook, breaking up chicken into smaller pieces, until no pink remains, 4-5 min.**
- Add garlic puree, then sprinkle Cream Sauce Spice Blend over top. Cook, stirring often, until chicken is coated and mixture is fragrant, 30 sec. Season with pepper.



Finish and serve

- Divide fusilli between bowls.
- Sprinkle **chives** and **crispy shallots** over top.

Dinner Solved!