

Spanakopita-Inspired Flatbreads

with Marinated Tomatoes

Veggie

30 Minutes





Ricotta Cheese









Flatbread







Baby Tomatoes

Green Onion

Baby Spinach

Red Onion



Lemon





Mayonnaise



Dill-Garlic Spice Blend

Start here

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.

Bust out

Baking sheet, measuring spoons, silicone brush, zester, large bowl, small bowl, whisk, large non-stick pan

Ingredients

	2 Person	4 Person
Ricotta Cheese	100 g	200 g
Feta Cheese, crumbled	½ cup	1 cup
Flatbread	2	4
Baby Spinach	113 g	227 g
Red Onion	56 g	113 g
Baby Tomatoes	113 g	227 g
Lemon	1	1
Green Onion	1	2
Mayonnaise	2 tbsp	4 tbsp
Dill-Garlic Spice Blend	1 tsp	2 tsp
Unsalted Butter*	1 tbsp	2 tbsp
Sugar*	½ tsp	1 tsp
Oil*		
Salt and Pepper*		

^{*} Pantry items

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



Prep and marinate tomatoes

- Peel, then cut half the onion into ½-inch pieces (whole onion for 4 ppl).
- Thinly slice green onion.
- Zest, then juice half the lemon (whole lemon for 4 ppl).
- Roughly chop spinach. (TIP: Place spinach) in a bowl, then roughly chop using a pair of kitchen shears or scissors!)
- Halve tomatoes.
- Add ½ tbsp lemon juice, ½ tsp sugar and 1/2 tbsp oil (dbl all for 4 ppl) to a large bowl. Season with salt and pepper, then whisk to combine. Add **tomatoes**, then toss to coat.



Cook onions and spinach

- · Heat a large non-stick pan over mediumhigh heat.
- When hot, add 1 tbsp butter (dbl for 4 ppl), then swirl the pan until melted.
- Add onions. Season with salt and pepper. Cook, stirring occasionally, until onions soften, 2-3 min.
- Add **spinach**. Cook, stirring occasionally, until spinach wilts, 2-4 min.
- Remove from heat.



Toast flatbreads

- Meanwhile, arrange flatbreads on an unlined baking sheet, then brush with ½ tbsp oil. (NOTE: For 4 ppl, use 2 unlined baking sheets, with ½ tbsp oil per sheet.)
- Toast **flatbreads** in the **bottom** of the oven until softened, 2-5 min. (NOTE: For 4 ppl, toast in the middle and bottom of the oven.)



Make ricotta mixture

- Meanwhile, add ricotta, mayo, Dill-Garlic Spice Blend, half the green onions, half the feta, 1/4 tsp lemon zest and 1/2 tbsp lemon **juice** (dbl both for 4 ppl) to a small bowl.
- Season with **pepper**, then stir to combine.



Bake flatbreads

- Spread ricotta mixture over toasted flatbreads, then top with onion and spinach mixture and remaining feta.
- Bake assembled flatbreads in the middle of the oven until golden-brown and crisp, 6-8 min. (NOTE: For 4 ppl, bake flatbreads in the middle and top of the oven, rotating sheets halfway through.)



Finish and serve

- Cut flatbreads into quarters.
- Divide **flatbreads** between plates, then top with marinated tomatoes and remaining green onions.

Dinner Solved!

Contact

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