

## Simple Beef and Pork Ragu

with Spinach and Roasted Sweet Peppers

Family Friendly 30 Minutes



HELLO RAGÙ Ragù is a rich, meat-based sauce that is commonly served with pasta!

## Start here

- Before starting, preheat the oven to 425°F.
- Wash and dry all produce.

### **Bust out**

Baking sheet, colander, measuring spoons, strainer, measuring cups, large pot, large non-stick pan

## Ingredients

	2 Person	4 Person
Ground Beef and Pork Mix	250 g	500 g
Sweet Bell Pepper	160 g	320 g
Crushed Tomatoes with Garlic and Onion	370 ml	740 ml
Spaghetti	170 g	340 g
Baby Spinach	56 g	113 g
Parmesan Cheese, shredded	¼ cup	½ cup
Balsamic Vinegar	1 tbsp	2 tbsp
Beef Broth Concentrate	1	2
Sugar*	1 tsp	2 tsp
Oil*		

Salt and Pepper\*

\* Pantry items

\*\* Cook to a minimum internal temperature of 74°C/165°F.

## Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



Call us | (855) 272-7002 HelloFresh.ca



## Prep and roast peppers

 Add 10 cups warm water and 2 tsp salt to a large pot (use same for 4 ppl). Cover and bring to a boil over high heat.

- Meanwhile, core, then cut **pepper** into 1/4-inch slices.
- Add **peppers** and **1 tbsp oil** (dbl for 4 ppl) to an unlined baking sheet. Season with **salt** and pepper, then toss to coat.

 Roast peppers in middle of the oven, stirring halfway through, until tender, 14-16 min.



#### Make ragu sauce

 Add crushed tomatoes, broth concentrate, vinegar and 1 tsp sugar (dbl for 4 ppl) to the pan with meat.

• Reduce heat to medium. Simmer, stirring occasionally, until sauce thickens slightly, 6-8 min.



## Cook beef and pork

- Meanwhile, heat a large non-stick pan over medium-high heat.
- When hot, add <sup>1</sup>/<sub>2</sub> tbsp oil (dbl for 4 ppl), then **beef and pork mix**. Cook, breaking up meat into smaller pieces, until no pink remains, 4-5 min.\*\*
- Carefully drain and discard excess fat.
- Season meat with salt and pepper.



## Cook spaghetti

• Meanwhile, add spaghetti to the boiling water. Cook, stirring occasionally, until tender, 10-12 min.

• Reserve 1/4 cup pasta water (dbl for 4 ppl), then drain and return **spaghetti** to the same pot, off heat.

# Finish spaghetti

- Add roasted peppers, spinach, ragu sauce and reserved pasta water to the pot with spaghetti. Stir until spinach wilts, 1-2 min.
- Season with salt and pepper, to taste.



### **Finish and serve**

- Divide spaghetti between bowls.
- Sprinkle Parmesan over top.

## **Dinner Solved!**

仔 🖲 🖸 🕖 @HelloFreshCA