

# Shawarma Chicken Bowls

with Lemony Roasted Potatoes

Quick

25 Minutes





Chicken Thighs







Garlic Puree

Shawarma Spice Blend



Russet Potato





Sweet Bell Pepper



Mayonnaise

Roma Tomato



Lemon



Garlic Salt



Yellow Onion

#### HELLO SHAWARMA SPICE BLEND

#### Start here

- Before starting, preheat the oven to 475°F.
- Wash and dry all produce.

Measurements 1 tbsp (2 tbsp) oil within steps 2 person 4 person Ingredient

#### **Bust out**

2 Baking sheets, medium bowl, measuring spoons, zester, small bowl, whisk, large non-stick pan, paper towels

## Ingredients

	2 Person	4 Person
Chicken Thighs •	280 g	560 g
Chicken Breasts •	2	4
Shawarma Spice Blend	1 tbsp	2 tbsp
Garlic Puree	1 tbsp	2 tbsp
Russet Potato	460 g	920 g
Mayonnaise	4 tbsp	8 tbsp
Sweet Bell Pepper	160 g	320 g
Roma Tomato	80 g	160 g
Lemon	1	2
Garlic Salt	1 tsp	2 tsp
Yellow Onion	113 g	226 g
Sugar*	1/4 tsp	½ tsp
Oil*		
Salt and Pepper*		

- \* Pantry items
- \*\* Cook to a minimum internal temperature of 74°C/165°F, as size may vary.
- Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent. Both will disappear 3 minutes after opening.

#### Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

#### Contact

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#### Roast potatoes

- Zest, then juice lemon.
- Cut potatoes into 1-inch pieces.
- Add potatoes, lemon zest, half the garlic salt and 1 tbsp oil to an unlined baking sheet. (NOTE: For 4 ppl, use 2 baking sheets, with 1 tbsp oil per sheet.) Season with pepper, then toss to coat.
- Roast in the **middle** of the oven, flipping halfway through, until tender and goldenbrown, 20-22 min. (NOTE: For 4 ppl, roast in the top and middle of the oven, rotating sheets halfway through.)



## Make garlic sauce

- Meanwhile, add mayo, ½ tbsp (1 tbsp) lemon juice and remaining garlic puree to a small bowl.
- Season with **salt** and **pepper**, then stir to combine.



#### Prep

- Meanwhile, cut **tomato** into 1/4-inch pieces.
- Core, then cut **pepper** into ½-inch slices.
- Half, peel, then cut onion into 1/4-inch slices.
- Pat chicken dry with paper towels. Season with Shawarma Spice Blend and remaining garlic salt.

If you've opted to get **chicken breasts**, prepare and cook them in the same way the recipe instructs you to prepare and cook the **chicken thighs**.



## Cook veggies and chicken

- Add onions, peppers, ½ tbsp (1 tbsp) oil and half the garlic puree to another unlined baking sheet. Season with salt and pepper, then toss to combine. Set aside.
- Heat a large non-stick pan over mediumhigh heat.
- When hot, add ½ tbsp (1 tbsp) oil, then chicken. Sear until golden-brown,
  2-3 min per side.
- Transfer **chicken** to the baking sheet with **veggies**.
- Roast in the **bottom** of the oven until veggies are tender and chicken is cooked through, 8-12 min.\*\*



#### **Dress tomatoes**

- Whisk together ½ tbsp (1 tbsp) lemon juice, ½ tbsp (1 tbsp) oil and ¼ tsp (½ tsp) sugar in a medium bowl.
- Add **tomatoes**. Season with **salt** and **pepper**, then stir to combine.



#### Finish and serve

- Thinly slice chicken.
- Divide **potatoes** and **veggies** between bowls. Top with **chicken** and **tomatoes**.
- Drizzle **garlic sauce** over top.

## **Dinner Solved!**