

# **Roasted Shrimp and Asparagus Linguine**

with a Dill Cream Sauce

20-MIN









Asparagus





Green Peas

Onion, chopped





Linguine





Vegetable Broth Concentrate

Dijon Mustard



Sour Cream

# START HERE `

- Before starting, preheat your broiler to high.
- In a large pot, add 10 cups warm water and 2 tsp salt. Cover and bring to a boil over high heat.
- Wash and dry all produce.

#### **Bust Out**

Large Non-Stick Pan, Garlic Press, Baking Sheet, Large Pot, Measuring Cups, Strainer, Paper Towels, Whisk, Measuring Spoons

## Ingredients

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	2 Person	4 Person
Shrimp	285 g	570 g
Asparagus	227 g	454 g
Green Peas	113 g	227 g
Onion, chopped	56 g	113 g
Linguine	170 g	340 g
Dill	7 g	14 g
Vegetable Broth Concentrate	1	2
Dijon Mustard	1 ½ tsp	3 tsp
Sour Cream	9 tbsp	18 tbsp
Garlic	12 g	24 g
Butter*	1 tbsp	2 tbsp
Oil*		
Salt and Pepper*		

<sup>\*</sup> Pantry items

#### **Allergens**

Hey home cooks! Please refer to our meal kit labels for the most current allergen information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

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### 1. COOK LINGUINE

Add **linguine** to the pot of **boiling water**. Cook uncovered, stirring occasionally, until tender, 10-12 min.When **pasta** is tender, reserve ½ **cup pasta water** (dbl for 4 ppl), then drain and return to the same pot.



#### 2. PREP

While **linguine** is cooking, trim and discard the bottom 1-inch from **asparagus** and cut into 1-inch pieces. Roughly chop the **dill**. Peel, then mince or grate the **garlic**. Drain, then rinse the **shrimp**. Pat the **shrimp** dry with paper towels.



# 3. ROAST SHRIMP AND ASPARAGUS

Toss the **shrimp** and **asparagus** with **1 tbsp oil** (dbl for 4 ppl) on a baking sheet. Season both with **salt** and **pepper**. Broil in the **middle** of the oven, until **shrimp** is cooked through and **asparagus** is tender-crisp, 5-6 min.\*\*



### 4. MAKE SAUCE

While the **shrimp** broils, heat a large nonstick pan over medium heat. When hot, add **1 tbsp butter** (dbl for 4 ppl) and stir to melt, 1 min. Add the **onions** and **garlic**. Cook, stirring occasionally, until softened, 3-4 min. Whisk in the **reserved pasta water**, **mustard** and **broth concentrate(s)**. Cook, stirring often, until slightly reduced, 1-2 min. Remove pan from heat.



### 5. ASSEMBLE PASTA

Whisk the **sour cream** and **half the dill** into the **sauce**. Add the **shrimp**, **peas** and **asparagus** to the pot with the **linguine**. Pour over the **sauce** from the pan. Toss to combine. Season with **salt** and **pepper**.



#### 6. FINISH AND SERVE

Divide the **pasta** between bowls. Sprinkle with the **remaining dill**.

## **Dinner Solved!**

<sup>\*\*</sup> Cook to a minimum internal temperature of  $74^{\circ}$ C/ $165^{\circ}$ F, as size may vary.