

Rigatoni in Turkey Tomato Sauce

with Roasted Peppers and Spinach

Quick

25 Minutes









Sweet Bell Pepper



Italian Seasoning





Tomato Sauce Base

Crushed Tomatoes with Garlic and Onion



Parmesan Cheese, shredded







Baby Spinach



Garlic Puree



Yellow Onion

Start here

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.

Bust out

Baking sheet, colander, measuring spoons, measuring cups, large pot, large non-stick pan

Ingredients

| | 2 Person | 4 Person |
|--|----------|----------|
| Ground Turkey | 250 g | 500 g |
| Rigatoni | 170 g | 340 g |
| Sweet Bell Pepper | 160 g | 320 g |
| Italian Seasoning | 1 tbsp | 2 tbsp |
| Tomato Sauce Base | 2 tbsp | 4 tbsp |
| Crushed Tomatoes with Garlic and Onion | 370 ml | 740 ml |
| Parmesan Cheese, shredded | ⅓ cup | ½ cup |
| Balsamic Glaze | 1 tbsp | 2 tbsp |
| Baby Spinach | 113 g | 227 g |
| Garlic Puree | 1 tbsp | 2 tbsp |
| Yellow Onion | 56 g | 113 g |
| Oil* | | |
| | | |

Salt and Pepper*

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



Cook rigatoni

- Add 10 cups water and 2 tsp salt to a large pot (use same for 4 ppl). Cover and bring to a boil over high heat.
- Add rigatoni to the boiling water. Cook uncovered, stirring occasionally, until tender, 10-12 min.
- Reserve 1/4 cup pasta water (dbl for 4 ppl), then drain and return rigatoni to the same pot, off heat.



Prep

- While water comes to a boil, core, then cut pepper into ½-inch pieces.
- Peel, then cut half the onion into ½-inch pieces (use whole onion for 4 ppl).
- Roughly chop spinach.



Roast peppers

- While rigatoni cooks, add peppers, half the Italian Seasoning and 1 tbsp oil (dbl for 4 ppl) to an unlined baking sheet. Season with salt and pepper, then toss to coat.
- · Roast in the middle of the oven, stirring halfway through, until tender, 14-15 min.



Start sauce

- Meanwhile, heat a large non-stick pan over medium-high heat.
- When hot, add 1 tbsp oil (dbl for 4 ppl), then turkey and onions. Cook, breaking up turkey into smaller pieces, until no pink remains,
- 4-5 min.** Season with **salt** and **pepper**.



Finish sauce

- Reduce heat to medium, then add garlic puree, tomato sauce base and remaining Italian Seasoning to the pan with turkey. Cook, stirring often, until fragrant, 1 min.
- Add crushed tomatoes. Simmer, stirring occasionally, until **sauce** thickens slightly, 4-5 min.



Finish and serve

- Add sauce, peppers, spinach, half the Parmesan and reserved pasta water to the pot with rigatoni.
- Stir until **spinach** wilts, 1 min.
- Add 1 tbsp balsamic glaze (dbl for 4 ppl). Season with salt and pepper, then stir to combine.
- Divide rigatoni between bowls.
- Sprinkle remaining Parmesan over top.

Contact

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Dinner Solved!

^{*} Pantry items

^{**} Cook to a minimum internal temperature of 74°C/165°F.