

Ricotta and Zucchini Fritters

with Olive Grove Salad

Veggie

40 Minutes









Zucchini

Ricotta Cheese





Green Onion





All-Purpose Flour





Spring Mix



Mixed Olives



Beefsteak Tomato



Parmesan Cheese, shredded



Italian Dressing



Mayonnaise

Start here

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.

Garlic Guide for Step 5 (dbl for 4 ppl):

- Mild: 1/8 tsp
- Medium: 1/4 tsp
- Extra: 1/2 tsp

Bust out

Baking sheet, medium bowl, colander, measuring spoons, box grater, 2 large bowls, small bowl, large non-stick pan

Ingredients

3		
	2 Person	4 Person
Ricotta Cheese	100 g	200 g
Zucchini	400 g	800 g
Egg	1	2
Green Onion	2	4
All-Purpose Flour	4 tbsp	8 tbsp
Garlic, cloves	2	4
Spring Mix	56 g	113 g
Mixed Olives	30 g	60 g
Beefsteak Tomato	170 g	340 g
Parmesan Cheese, shredded	⅓ cup	½ cup
Italian Dressing	2 tbsp	4 tbsp
Mayonnaise	2 tbsp	4 tbsp
Oil*		
Salt and Pepper*		

^{*} Pantry items

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Contact

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Prep zucchini

- Coarsely grate **zucchini** directly into a colander.
- Season with ½ **tsp salt** (dbl for 4 ppl), then toss to coat. (TIP: Salting zucchini draws out moisture and helps prevent soggy fritters!)
- Place a medium bowl under the colander to catch juices. Set **zucchini** aside to drain for 6-8 min.



Prep remaining ingredients

- Meanwhile, peel, then mince or grate garlic.
- Thinly slice green onions.
- Drain olives, then cut or tear in half.
- Cut tomato into ½-inch wedges.
- Drain and discard any liquid from **ricotta** container.
- Using a fork, whisk egg in a large bowl.
 Add ricotta, then mash into egg to combine.
 (NOTE: The mixture will be a little lumpy.)



Make zucchini fritters

- Squeeze **fistfuls of grated zucchini** at a time to remove excess water. (TIP: Removing as much liquid as you can will help prevent soggy fritters!)
- Transfer **zucchini** to the large bowl with **ricotta mixture**.
- Add green onions, flour, half the garlic and three-quarters of the Parmesan to the bowl. Season with 1/4 tsp salt and 1/4 tsp pepper (dbl both for 4 ppl), then stir until just combined. (TIP: Mixture will be wet but stiff enough to hold its shape.)



Cook zucchini fritters

- Heat a large non-stick pan over mediumhigh heat.
- While the pan heats, form zucchini mixture into four 4-inch-wide, ½-inch-thick patties.
- When the pan is hot, add **2 tbsp oil**, then **zucchini patties**. (**NOTE**: For 4 ppl, cook in 2 batches, using 2 tbsp oil per batch.) Cook until golden-brown, 2-3 min per side.
- Transfer **fritters** to an unlined baking sheet.
- Bake in the **middle** of the oven until cooked through, 10-12 min.



Make garlic aioli and salad

- Meanwhile, add mayo and ¼ tsp garlic to a small bowl. (NOTE: Reference garlic guide.)
 Season with salt and pepper, to taste, then stir to combine.
- When fritters are almost done, add spring mix, tomatoes and olives to another large bowl. Drizzle Italian dressing over top, then sprinkle with remaining Parmesan. Toss to combine.



Finish and serve

- Divide **fritters** and **salad** between plates.
- Dollop garlic aioli over fritters.

Dinner Solved!