

# Pork Schnitzel Patties

with Warm Brussels Salad

30 Minutes









Shallot



Montreal Steak Spice





**Brussels Sprouts** 



Kale, chopped



**Sweet Potato** 



Parsley



Mayonnaise

### Start here

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.

#### **Bust out**

Baking sheet, zester, measuring spoons, large bowl, parchment paper, small bowl, large pot, large non-stick pan, shallow dish

### Ingredients

ingi calcines		
	2 Person	4 Person
Ground Pork	250 g	500 g
Italian Breadcrumbs	½ cup	1 cup
Shallot	50 g	100 g
Montreal Steak Spice	1 tbsp	2 tbsp
Lemon	1	1
Brussels Sprouts	227 g	454 g
Kale, chopped	56 g	113 g
Sweet Potato	340 g	680 g
Parsley	7 g	14 g
Mayonnaise	4 tbsp	8 tbsp
Butter*	2 tbsp	4 tbsp
Sugar*	1/4 tsp	½ tsp
Oil*		
Salt and Pepper*		
Salt and Pepper*		

- \* Pantry items
- \*\* Cook to a minimum internal temperature of 74°C/165°F, as size may vary.

#### **Allergens**

Hey home cooks! Please refer to our meal kit labels for the most current allergen information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

#### Contact

Share your photos #HelloFreshLife Call or email us | (855) 272-7002 hello@hellofresh.ca HelloFresh.ca



#### Roast sweet potatoes

Cut **sweet potato** into ½-inch pieces. Add **sweet potatoes** and **1 thsp oil** (dbl for 4 ppl) to a parchment-lined baking sheet. Season with **salt** and **pepper**, then toss to coat. Roast in **middle** of oven, stirring halfway through, until tender, 20-22 min.



#### Prep and make aioli

While sweet potatoes roast, thinly slice Brussels sprouts. Peel, then thinly slice shallot. Roughly chop parsley. Zest, then juice half the lemon (whole lemon for 4 ppl). Cut any remaining lemon into wedges. Add mayo, lemon zest, half the parsley, ½ tbsp lemon juice and ¼ tsp sugar (dbl both for 4 ppl) to a small bowl. Season with salt and pepper, then stir to combine.



#### Make patties

Combine pork, Montreal Steak Spice and remaining parsley in a large bowl. Form mixture in 2 equal-sized patties (4 patties for 4 ppl). Flatten each patty to ½-inch thickness.



#### Cook patties

Add **breadcrumbs** to a shallow dish. Working with **one patty** at a time, press into **breadcrumbs** to coat completely. Heat a large non-stick pan over medium-high heat. When hot, add **1 tbsp oil** (dbl for 4 ppl) then **patties**. Cook, flipping once, until golden-brown and cooked through, 4-5 min per side.\*\*



#### **Cook Brussels sprouts**

While **patties** cook, heat a large pot over medium-high heat. When hot, add **2 tbsp butter** (dbl for 4 ppl) then **Brussels sprouts**, **kale** and **shallots**. Season with **salt** and **pepper**. Cook, stirring often, until **veggies** are tender-crisp, 5-6 min. Remove pan from heat. Add **remaining lemon juice**. Stir to combine.



#### Finish and serve

Divide Brussels sprouts mixture, sweet potatoes and pork schnitzel patties between plates. Serve lemon aioli alongside. Squeeze over a lemon wedge, if desired.

## **Dinner Solved!**