



HELLO -**PIRI PIRI CHICKEN**

A popular Portuguese BBQ chicken dish!









Green Onions

Cherry Tomatoes



Garlic





Oregano





Mayonnaise



TIME: 30 MIN

Smoked Paprika Red Wine Vinegar

Chicken Breasts Chili Garlic Sauce

BUST OUT

- Medium Bowl
- Large Bowl
- · 2 Baking Sheets
- Garlic Press
- Small Pot
- Aluminum Foil
- Small Bowl
- · Large Non-Stick Pan
- Measuring Spoons
- Parchment Paper

- Paper Towel
- Salt and Pepper
- Sugar (½ tsp | 1 tsp) Olive or Canola Oil

INCREDIENTS

INGREDIENTS -			
	2-person	ŀ	4-person
Chicken Breasts	340 g	I	680 g
• Chili Garlic Sauce 9	1 tbsp	I	2 tbsp
• Sweet Potato, fries 9	340 g	I	680 g
Green Onions	2	I	4
• Garlic	6 g	I	12 g
• Jalapeño 🤳	1	I	2
• Oregano	7 g	I	14 g
• Smoked Paprika 4	1 tsp	I	2 tsp
• Red Wine Vinegar 9	1 tbsp	I	2 tbsp
• Mayonnaise 3,6,9	4 tbsp	I	8 tbsp
Cherry Tomatoes	113 g	I	227 g

ALLERGENS ALLERGENES

Some ingredients are produced in a facility that also processes milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Certains ingrédients sont produits dans des installations qui traitent également lait, la moutarde, les arachides, le sésame, le soya, les sulfites, les noix et le blé.

- O Fish/Poisson
 - 6 Mustard/Moutarde
- 1 Wheat/Blé
- 7 Peanut/Cacabuète 8 Sesame/Sésame
- 2 Milk/Lait
- 3 Egg/Oeuf
- 9 Sulphites/Sulfites 10 Crustacean/Crustacé
- 4 Soy/Soja
- 5 Tree Nut/Noix
 - 11 Shellfish/Fruit de Mer
- Laver et sécher tous les aliments.
- **Cuire jusqu'à une température interne minimale de 74°C/165°F.



START STRONG



Preheat oven to 425°F (to roast sweet potatoes). Start prep when oven comes up to temp! In Step 4, use this heat guide to determine what spice level you prefer (dbl each measurement for 4 ppl): ½ tbsp mild, 1 tbsp medium, 1½ tbsp spicy and 2 tbsp extra-spicy!



ROAST SWEET POTATOES Wash and dry all produce.* On a parchment-lined baking sheet, toss sweet potatoes with 1 tbsp oil (dbl for 4 ppl). Season with **salt** and **pepper**. Roast in the **middle** of oven, until goldenbrown, 22-24 min. Meanwhile, thinly slice **green onions**. Peel, then mince or grate garlic. Finely chop oregano leaves. Cut jalapeño into ½-inch pieces, removing **seeds** for less heat. (**NOTE:** We suggest using gloves when prepping jalapeño!)



MAKE PIRI PIRI Heat a small pot over mediumhigh heat. When the pot is hot, add 2 tbsp oil (dbl for 4 ppl), then garlic, chili garlic sauce, oregano and 1 tsp smoked paprika (dbl for 4 ppl). Cook, stirring occasionally, until garlic softens, 1 min. Remove pot from heat. Add 1 tbsp vinegar (dbl for 4 ppl) and ½ tsp sugar (dbl for 4 ppl). Transfer Piri Piri to a large bowl and set aside.



COOK CHICKEN Pat chicken dry with paper towel, then season with **salt** and **pepper**. Heat a large non-stick pan over medium heat. When the pan is hot, add 1 tbsp oil (dbl for 4 ppl), then **chicken**. Sear, until chicken is golden-brown and cooked through, 5-7 min per side. (TIP: Cook each piece to a min. internal temp. of 74°C/165°F, as size may vary.**)



BROIL VEGGIES Meanwhile, halve tomatoes. When **sweet potatoes** are done, turn oven to a high broil. On a foil-lined baking sheet, toss tomatoes and 1 tbsp jalapeño (dbl for 4 ppl) (NOTE: Reference heat guide in Start Strong) with 1 tsp oil (dbl for 4 ppl). Season with **salt** and **pepper**. Broil in the middle of oven, until tomatoes burst, 2-3 min.



MIX MAYO & SALSA Meanwhile, in a small bowl, stir together mayo and half the green onions. When veggies are done broiling, in a medium bowl, stir together broiled veggies, remaining green onions and ½ tbsp oil (dbl for 4 ppl). Season with salt and pepper.



FINISH AND SERVE Transfer **chicken** to the large bowl with Piri Piri, and stir to coat. Slice chicken. Divide chicken, sweet potatoes and salsa between plates. Dollop over green onion-mayo. Spoon any remaining Piri Piri from the large bowl, over chicken, if desired.

SALSA!

A juicy fruit salsa tempers the spiciness of the dish.