

# Peppercorn Rubbed Steak

with Warm Zucchini Antipasti

PRONTO

**35 Minutes** 







Beef Steak





Cilantro







Shallot







**Tomatoes** 

Multicoloured

Peppercorns, ground



Russet Potato

**HELLO ZUCCHINI ANTIPASTI** 

# **START HERE**

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.

#### **Bust Out**

Parchment Paper, Large Non-Stick Pan, 2 Baking Sheets, Large Bowl, Paper Towels, Microplane/ Zester, Measuring Spoons

### Ingredients

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	2 Person	4 Person
Beef Steak	285 g	570 g
Lime	1	2
Cilantro	7 g	14 g
Garlic	6 g	12 g
Shallot	50 g	100 g
Zucchini	160 g	320 g
Multicoloured Tomatoes	113 g	227 g
Peppercorns, ground	1 tsp	2 tsp
Russet Potato	430 g	920 g
Oil*		
Salt and Pepper*		

<sup>\*</sup> Pantry items

#### **Allergens**

Hey home cooks! Please refer to our meal kit labels for the most current allergen information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



### 1. ROAST POTATOES

Cut the **potatoes** into 1-inch wedges. Toss **potatoes** with **1 tbsp oil** (dbl for 4 ppl) on a parchment-lined baking sheet. Season with **salt** and **pepper**. Roast in the **middle** of the oven, until the **potatoes** are golden-brown, 23-24 min



#### 2. PREP

Peel, then mince the **shallot**. Roughly chop the **cilantro**. Halve the **tomatoes**. Cut the **zucchini** into ¼-pieces. Peel, then mince the **garlic**. Zest, then juice **half the lime**. Cut the **remaining lime** into wedges.



#### 3. COOK STEAK

Pat the **steak** dry with paper towels. Season with **salt** and **ground peppercorns**. Heat a large non-stick pan over medium-high heat. When hot, add **1 tbsp oil** (dbl for 4ppl), then the **steak**. Sear until golden-brown,1-2 min per side. Remove the pan from the heat and transfer the **steak** to another baking sheet. Bake in the **top** of the oven, until cooked to desired doneness, 5-8 min.\*\*



#### 4. COOK ZUCCHINI

Carefully wipe the pan clean. Re-heat over medium-high heat. When hot, add **1 tbsp oil** (dbl for 4ppl), then the **zucchini**, **shallots** and **garlic**. Cook, stirring often until the **zucchini** is golden brown and slightly tender, 2-3 min.



#### 5. MIX ANTIPASTI

Add the **tomatoes**, **cilantro**, **lime zest**, **zucchini** and **1 tbsp lime juice** (dbl for 4ppl) to a large bowl. Season with **salt** and **pepper**. Toss to combine.



#### 6. FINISH AND SERVE

Slice the **steak**. Divide the **steak** and **potatoes** between plates. Spoon the **warm zucchini antipasti** over the **steak**.

## **Dinner Solved!**

#### Contact

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<sup>\*\*</sup> Cook to a minimum internal temperature of  $63^{\circ}$ C/145°F for medium-rare, steak size will affect doneness.