

# Panko-Crusted Chicken

with Spiced Fries and Gravy

35 Minutes





Chicken Thighs







Russet Potato

Panko Breadcrumbs



Chicken Broth Concentrate



All-Purpose Flour

Coleslaw Cabbage





**BBQ** Seasoning



White Wine Vinegar



Mayonnaise

# Start here

- Before starting, preheat the oven to 425°F.
- Wash and dry all produce.

#### **Bust out**

2 Baking sheets, measuring spoons, shallow dish, large bowl, parchment paper, small pot, measuring cups, whisk, large non-stick pan, paper towels

## Ingredients

2 Person	4 Person
280 g	560 g
	4
½ cup	1 cup
460 g	920 g
2	4
4 tbsp	8 tbsp
1 tbsp	2 tbsp
170 g	340 g
1 tbsp	2 tbsp
4 tbsp	8 tbsp
2 tbsp	4 tbsp
1/4 tsp	½ tsp
	280 g  2 ½ cup 460 g  2 4 tbsp 1 tbsp 170 g 1 tbsp 4 tbsp 2 tbsp

- \* Pantry items
- \*\* Cook to a minimum internal temperature of 74°C/165°F, as size may vary.
- Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent. Both will disappear 3 minutes after opening.

## **Allergens**

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

## Contact

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#### Roast fries

- Halve **potatoes** lengthwise, then cut into ½-inch slices.
- Add potatoes, 1 tsp BBQ Seasoning and 1 tbsp oil to a parchment-lined baking sheet. (NOTE: For 4 ppl, use 2 baking sheets, with 1 tsp BBQ Seasoning and 1 tbsp oil per sheet.) Season with salt and pepper, then toss to coat.
- Roast in the **middle** of the oven, flipping halfway through, until tender and goldenbrown, 25-28 min. (NOTE: For 4 ppl, roast in the middle and bottom of the oven, rotating sheets halfway through.)



#### Mix coleslaw

- Meanwhile, whisk together vinegar,
   remaining mayo, ¼ tsp salt and ¼ tsp sugar
   (dbl both for 4 ppl) in a large bowl.
- Add coleslaw cabbage mix. Season with pepper, then toss to coat.



# Prep chicken

- Pat **chicken** dry with paper towels. Season both sides with **salt** and **pepper**.
- Combine panko, half the flour and remaining BBQ Seasoning in a shallow dish.
- Coat **chicken** all over with **1 tbsp mayo** (dbl for 4 ppl).
- Working with one thigh at a time, press each thigh into panko mixture to coat completely.

If you've opted to get **chicken breasts**, carefully slice into the centre of **each chicken breast**, parallel to the cutting board, leaving ½-inch intact on the other end. Open up **chicken breasts** like a book, then season, coat and cook them in the same way the recipe instructs you to season, coat and cook the **chicken thighs**.



#### Sear and roast chicken

- Heat **2 tbsp oil** (dbl for 4 ppl) in a large nonstick pan over medium-high heat.
- When hot, add **chicken**. (NOTE: Don't overcrowd the pan; cook in batches if necessary.) Cook until golden-brown, 2-3 min per side.
- Transfer **chicken** to another parchment-lined baking sheet.
- Roast in the **top** of the oven until **chicken** is cooked through, 12-14 min.\*\*



## Make gravy

- Heat a small pot over medium-high heat.
- When hot, add 2 tbsp butter (dbl for 4 ppl).
   Cook, whisking often, until butter melts,
   1 min.
- Add remaining flour. Cook, whisking often, until flour and butter combine, 1 min.
- Add broth concentrates and 1 cup water (dbl for 4 ppl).
- Cook, whisking often, until **gravy** thickens slightly, 2-3 min. Season with **salt** and **pepper**, to taste.



#### Finish and serve

- Divide chicken, slaw and fries between plates.
- Serve gravy on the side for dipping.

# **Dinner Solved!**