

# Pan-Seared Pork Chops

with Shallot Gravy, Fresh Salad and Buttery Mash

35 Minutes





boneless





Russet Potato



Spring Mix

Rosemary

**Italian Dressing** 





Shallot





Gravy Spice Blend



Chicken Broth Concentrate



Salad Topping Mix

# Start here

- Before starting, preheat the oven to 425°F.
- Wash and dry all produce.

Measurements 1 tbsp (2 tbsp) oil within steps 2 person 4 person Ingredient

#### **Bust out**

Baking sheet, vegetable peeler, colander, measuring spoons, potato masher, large bowl, measuring cups, whisk, large pot, large non-stick pan, paper towels

# Ingredients

<b>9</b>		
	2 Person	4 Person
Pork Chops, boneless	340 g	680 g
Chicken Breasts	2	4
Russet Potato	690 g	1380 g
Spring Mix	56 g	113 g
Shallot	50 g	100 g
Rosemary	1 sprig	1 sprig
Gravy Spice Blend	2 tbsp	4 tbsp
Italian Dressing	2 tbsp	4 tbsp
Chicken Broth Concentrate	1	2
Salad Topping Mix	28 g	56 g
Milk*	⅓ cup	½ cup
Unsalted Butter*	3 tbsp	6 tbsp
Oil*		
Salt and Pepper*		

- \* Pantry items
- \*\* Cook pork and poultry to minimum internal temperatures of 71°C/160°F and 74°C/165°F, respectively, as size may vary.
- Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent. Both will disappear 3 minutes after opening.

### **Allergens**

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

#### Contact

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## Cook potatoes

- Peel, then cut **potatoes** into ½-inch pieces.
- Add **potatoes**, **2 tsp salt** and **enough water** to cover (by approx. 1 inch) to a large pot (use same for 4 ppl). Cover and bring to a boil over high heat.
- Once boiling, reduce heat to medium. Simmer uncovered until fork-tender, 10-12 min.



#### Make shallot gravy

- Reheat the same pan (from step 2) over medium.
- When hot, add **1 tbsp** (2 tbsp) **butter**, then swirl the pan until melted, 30 sec.
- Add **shallots** and **rosemary**. Cook, stirring often, until **shallots** soften, 2-3 min.
- Sprinkle **Gravy Spice Blend** over top, then stir to coat, 30 sec. Whisk in **1 cup** (1 ½ cups) **water** and **broth concentrate**. Bring to a simmer.
- Once simmering, cook, whisking often, until sauce thickens slightly, 2-3 min. Season with salt and pepper, to taste.(TIP: For a lighter consistency, add more water, 1-2 tbsp at a time, if desired!)



# Cook pork

- Meanwhile, heat a large non-stick pan over medium-high heat.
- While the pan heats, pat **pork** dry with paper towels, then season with **salt** and **pepper**.
- When hot, add ½ **tbsp** (1 tbsp) **oil** then **pork**. Pan-fry until golden, 2-3 min per side.
- Transfer pork to an unlined baking sheet.
  Roast in the middle of the oven until cooked through, 8-12 min.\*\*\*

If you've opted to get **chicken breasts**, prepare and sear them in the same way the recipe instructs you to prepare and sear the **pork chops**, then increase the roast time to 12-14 min.\*\*



#### Prep

- Meanwhile, finely chop 1 tsp (2 tsp) rosemary leaves.
- Peel, then thinly slice shallot.



# Mash potatoes

- When **potatoes** are fork-tender, drain and return **potatoes** to the same pot, off heat.
- Mash ¼ cup (½ cup) milk and 2 tbsp (4 tbsp) butter into potatoes, until smooth.
- Season with salt and pepper, to taste.



#### Finish and serve

- Slice pork.
- Add **any pork juices** from the baking sheet to the pan with **gravy**, then whisk to combine.
- Add Italian dressing, spring mix and half the salad topping mix to a large bowl. Season with salt and pepper, then toss to coat.
- Divide **pork**, **mashed potatoes** and **salad** between plates.
- Drizzle shallot gravy over pork.
- Sprinkle remaining salad topping mix over salad.

