



Pan-Seared Pork Chops

with Shallot Gravy, Broccoli and Buttery Mash

35 Minutes



Pork Chops,
boneless



Russet Potato



Rosemary



Chicken Broth
Concentrate



Shallot



Broccoli, florets



All-Purpose Flour

HELLO SHALLOT GRAVY

Shallots add a subtle sweetness to this quick and easy gravy!

Start here

- Before starting, preheat the oven to 400°F.
- Wash and dry all produce.

Bust out

2 Baking sheets, colander, potato masher, measuring cups, whisk, large pot, large non-stick pan, paper towels, measuring spoons

Ingredients

	2 Person	4 Person
Pork Chops, boneless	340 g	680 g
Russet Potato	690 g	1380 g
Rosemary	1 sprig	1 sprig
Chicken Broth Concentrate	1	2
Shallot	50 g	100 g
Broccoli, florets	227 g	454 g
All-Purpose Flour	1 tbsp	2 tbsp
Unsalted Butter*	3 tbsp	6 tbsp
Oil*		
Salt and Pepper*		

* Pantry items

** Cook to a minimum internal temperature of 71°C/160°F, as size may vary.

Allergens

Hey home cooks! Please refer to our meal kit labels for the most current allergen information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

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Cook potatoes

Peel, then cut **potatoes** into ½-inch pieces. Combine **potatoes**, **2 tsp salt** and enough **water** to cover (by approx. 1 inch) in a large pot (use same for 4 ppl). Cover and bring to a boil over high heat. Once boiling, reduce the heat to medium. Simmer, uncovered, until fork-tender, 10-12 min.



Roast broccoli

While **potatoes** cook, finely chop **1 tsp rosemary leaves** (dbl for 4 ppl). Peel, then thinly slice **shallot**. Cut **broccoli** into bite-sized pieces. Toss **broccoli** with **1 tbsp oil** (dbl for 4 ppl) on a baking sheet. Season with **salt** and **pepper**. Roast in the **top** of the oven until tender, 12-14 min.



Cook pork

While **broccoli** roasts, pat **pork** dry with paper towels, then season with **salt** and **pepper**. Heat a large non-stick pan over medium-high heat. When hot, add **½ tbsp oil** (dbl for 4 ppl), then **pork**. Pan-fry until golden, 2-3 min per side. Transfer **pork** to another baking sheet. Roast in the **middle** of the oven until cooked through, 10-12 min.**



Make shallot gravy

Heat the same pan over medium. When hot, add **½ tbsp oil** (dbl for 4 ppl), then **shallots** and **rosemary**. Cook, stirring often, until **shallots** soften, 2-3 min. Reduce heat to medium. Add **1 tbsp butter** (dbl for 4 ppl) and stir until melted, 1 min. Sprinkle over **flour** and stir to coat **shallots**. Whisk in **broth concentrate** and **¾ cups water** (dbl for 4 ppl). Simmer, whisking occasionally, until **sauce** thickens slightly, 2-3 min.



Mash potatoes

When **potatoes** are fork-tender, reserve **¼ cup potato cooking water** (dbl for 4 ppl), then drain and return **potatoes** to the same pot, off heat. Mash **2 tbsp butter** (dbl for 4 ppl) into **potatoes**, until smooth. Season with **salt** and **pepper**. Add **potato cooking water**, **1-2 tbsp** at a time, to reach desired consistency.



Finish and serve

Slice **pork**. Add any **pork juices** from the baking sheet to the pan with **gravy**, then whisk to combine. (**TIP:** This will add loads of extra flavour to this delicious gravy!) Divide **pork**, **mashed potatoes** and **roasted broccoli** between plates. Drizzle **shallot gravy** over **pork**.

Dinner Solved!