

Open-Faced Mushroom Melts

with Tomato-Onion Jam

Veggie

35 Minutes











Roma Tomato



Parsley and Thyme



Mozzarella Cheese,



Red Onion

shredded



Balsamic Vinegar



Ciabatta Roll



Mayonnaise

Start here

- Before starting, preheat the oven to
- Wash and dry all produce.

Bust out

2 Baking sheets, measuring spoons, parchment paper, small bowl, large non-stick pan

Ingradients

ingi edients		
	2 Person	4 Person
Sweet Potato	340 g	680 g
Mushrooms	227 g	454 g
Roma Tomato	160 g	320 g
Parsley and Thyme	14 g	21 g
Mozzarella Cheese, shredded	¾ cup	1 ½ cups
Red Onion	56 g	113 g
Balsamic Vinegar	1 tbsp	2 tbsp
Ciabatta Roll	2	4
Mayonnaise	4 tbsp	8 tbsp
Unsalted Butter*	1 tbsp	2 tbsp
Sugar*	2 tsp	4 tsp
Oil*		
Salt and Pepper*		

^{*} Pantry items

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Contact

Call or email us | (855) 272-7002 hello@hellofresh.ca HelloFresh.ca





Roast sweet potato wedges

- Cut sweet potatoes into ½-inch wedges.
- Add sweet potatoes and 1 tbsp oil (dbl for 4 ppl) to a parchment-lined baking sheet. Season with salt and pepper, then toss to coat.
- Roast in the middle of the oven, flipping halfway through, until golden-brown, 22-24 min.



Make tomato-onion jam

- Reheat the same pan (from step 2) over medium.
- When hot, add 1/2 tbsp oil (dbl for 4 ppl), then **onions**. Cook, stirring occasionally, until softened, 2-3 min.
- Add tomatoes, vinegar, 2 tbsp water and 2 tsp sugar (dbl both for 4 ppl). Cook, stirring occasionally, until tomatoes break down and jam thickens, 4-5 min. (TIP: Use a fork to help break down tomatoes!)
- Season with salt and pepper, to taste.



Prep and cook mushrooms

- Meanwhile, roughly chop mushrooms.
- Strip 1 tbsp thyme leaves (dbl for 4 ppl) from stems.
- Heat a large non-stick pan over mediumhigh heat. When hot, add 1 tbsp butter (dbl for 4 ppl), then swirl the pan until melted.
- Add mushrooms and thyme. Cook, stirring often, until mushrooms are golden-brown, 5-8 min. Season with salt and pepper, to taste.
- Remove the pan from heat. Transfer mushrooms to a plate, then cover to keep warm.



Toast rolls

- Meanwhile, halve rolls.
- Arrange rolls on another parchment-lined baking sheet, cut-side up.
- Toast in the **top** of the oven until goldenbrown, 3-4 min. (TIP: Keep an eye on them so they don't burn!)



Finish prep

- Meanwhile, roughly chop parsley.
- Peel, then cut half the onion into 1/4-inch pieces (whole onion for 4 ppl).
- Cut tomatoes into 1/4-inch pieces.
- Add mayo and parsley to a small bowl. Season with salt and pepper, then stir to combine.



Finish and serve

- Spread some parsley mayo over rolls.
- Top with tomato-onion jam, mushrooms and cheese. Return to the top of oven and bake until **cheese** melts, 5-6 min.
- Divide mushroom melts and sweet potato wedges between plates.
- Serve any remaining parsley mayo alongside for dipping.



