

MUSHROOM AND LEEK LINGUINE

with Thyme, Garlic and Parmesan







HELLO **LEEKS**

Leeks are a close cousin to green onions and chives

PREP: 10 MIN



Fresh Linguine



Cream Cheese Parmesan Cheese, Vegetable Broth shredded Concentrate



Leek, sliced



Garlic







Parsley

TOTAL: 30 MIN CALORIES: 410

BUST OUT

- Garlic Press
- Strainer
- Large Non-Stick Pan
- Butter 2 (1 tbsp)
- Large Pot

- Salt and Pepper
- Measuring Spoons
- · Olive or Canola oil
- Measuring Cups

INGREDIENTS

	2-person
• Fresh Linguine 1,3	170 g
Cremini Mushrooms	113 g
• Leek, sliced	85 g
• Garlic	10 g
• Thyme	10 g
Cream Cheese 2	1 tbsp
• Parmesan Cheese, shredded 2	¹/ ₄ cup
Vegetable Broth Concentrate	1
• Parsley	10 g

ALLERGENS ALLERGÈNES

Some ingredients are produced in a facility that also processes milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Certains ingrédients sont produits dans des installations qui traitent également lait, la moutarde, les arachides, le sésame, le soya, les sulfites, les noix et le blé.

- O Seafood/Fruit de Mer 6 Mustard/Moutarde
- 1 Wheat/Blé 2 Milk/Lait
- 7 Peanut/Cacahuète 8 Sesame/Sésame
- 3 Egg/Oeuf
- 9 Sulphites/Sulfites
- 4 Sov/Soia
- 10 Crustacean/Crustacé
- 5 Tree Nut/Noix
- 11 Shellfish/Fruit de Mer

START STRONG

Make sure to salt the pasta water! Salted water flavours the pasta from the inside out as the pasta cooks.



Wash and dry all produce.* Bring a large pot of **salted water** to a boil. Mince or grate the garlic. Strip 1 tbsp thyme leaves off the sprigs. Roughly chop the parsley. Thinly slice the mushrooms.



COOK VEGGIES Heat a large non-stick pan over medium-high heat. Add a drizzle of oil, then the leeks. Cook, stirring occasionally, until softened, 3-4 min. Add the mushrooms, garlic and thyme to the pan. Cook, stirring occasionally, until the mushrooms are golden-brown and the garlic is fragrant, 7-8 min. Season with salt and pepper.



COOK PASTA Meanwhile, add the **linguine** to the boiling water. Cook until the noodles are tender, 2-3 min. Reserve 1 cup pasta water, then drain the pasta.



MAKE SAUCE Add the broth concentrate and reserved pasta water to the pan and stir to combine. Remove the pan from the heat and stir in the cream cheese until the sauce comes together, 2-3 min.



ASSEMBLE PASTA Return the pan to medium heat. Add the linguine, 1 tbsp butter and half the Parmesan cheese to the pan. Cook, stirring together, until the pasta is warmed through, 1-2 min. Season with salt and pepper.



FINISH AND SERVE Divide the mushroom and leek linguine between bowls. Sprinkle with the parsley and remaining Parmesan.

CREAMY!

A touch of starchy pasta water is the secret ingredient to this creamy sauce!



^{*}Laver et sécher tous les aliments.