

MINI MAPLE-BACON AND PINEAPPLE PIZZAS

with Crunchy Veggie Salad





HELLO -

DIY MAPLE BACON

This easy technique is a great way to add the sweet taste of maple to crispy bacon



Bacon Strips



Maple Syrup



Red Bell Pepper



Mini Cucumber



Pineapple, spears



Mozzarella Cheese, shredded



Greek-Style Pitas



Tomato Pizza Sauce



Dijon Mustard



Spring Mix

PREP: 10 MIN

TOTAL: 30 MIN

CALORIES: 619

BUST OUT

- · 2 Baking Sheets
- Measuring Spoons
- Large Bowl
- Sugar (1 tsp)

- Large Non-Stick Pan Salt and Pepper
- Whisk
- Olive or Canola oil

INCREDIENTS

INGREDIENTS	
	4-person
Bacon Strips	250 g
Maple Syrup	2 tbsp
Red Bell Pepper	380 g
Mini Cucumber	132 g
• Pineapple, spears	113 g
Mozzarella Cheese, shredded 2	113 g
Greek-Style Pitas 1	4
Tomato Pizza Sauce	¹/ ₂ cup
• White Wine Vinegar 9	1 tbsp
• Dijon Mustard 6,9	1 ½ tsp
Spring Mix	113 g

ALLERGENS ALLERGENES

Some ingredients are produced in a facility that also processes mustard, peanuts, sesame, soy, sulphites, tree nuts

Certains ingrédients sont produits dans des installations qui traitent également la moutarde, les arachides, le sésame, le soya, les sulfites, les noix et le blé.

O Seafood/Fruit de Mer 5 Tree Nut/Noix

1 Wheat/Blé

6 Mustard/Moutarde 7 Peanut/Cacahuète

2 Milk/Lait 3 Egg/Oeuf

8 Sesame/Sésame

4 Soy/Soja

9 Sulphites/Sulfites

Laver et sécher tous les aliments.

START STRONG



Preheat the oven to 400°F (bake the pizza). Start prepping when the oven comes up to temperature!



PREP Wash and dry all produce.* Cut the **pineapple** into ¼-inch pieces. Core, then cut the **bell peppers** and **cucumbers** into 1/4-inch strips. Cut the **bacon** into ¼-inch pieces.



COOK BACON Heat a large non-stick pan over medium-high heat. Add a drizzle of oil, then the bacon. Cook, stirring occasionally, until crispy, 7-8 min.



ADD MAPLE SYRUP Remove the pan from the heat, then carefully discard the bacon fat. Return the pan to the heat and add the maple syrup to the bacon. Stir to coat and continue cooking, 1-2 min. Transfer the bacon mixture to a large parchmentlined plate and set aside to cool.



ASSEMBLE PIZZAS When the **bacon** is cool, add the **pineapple** to the plate and toss together. Over two baking sheets, arrange the pitas and spread each pita with the pizza sauce. Divide the baconpineapple mixture between the pitas, then sprinkle over the **cheese**. Bake in the centre of the oven, until the cheese melts, 5-6 min.



MAKE SALAD Meanwhile, in large bowl, whisk together the mustard, 1 tbsp vinegar, 1 tsp sugar and 2 tbsp oil. Season with salt and pepper. Toss in the peppers, cucumbers and spring mix.



FINISH AND SERVE Cut the **pizzas** into pieces and divide between plates. Serve the salad on the side and drizzle over any remaining dressing from the bowl.

CANADIAN, EH?

Pineapple pizzas were first made in a little pizza shop in Chatham, Ontario back in the 60s!

