

Mexican Shrimp Bowl

with Jeweled Rice and Red Sauce

30 Minutes







All-Purpose Flour



Mexican Seasoning





Sweet Bell Pepper



Vegetable Broth

Concentrate

Green Bell Pepper





Corn Kernels



Basmati Rice



Sour Cream







Cilantro



Tomato Sauce

Start here

Before starting, wash and dry all produce.

Bust Out

Measuring spoons, strainer, zester, medium pot, large bowl, small bowl, measuring cups, whisk, large non-stick pan, paper towels, garlic press

Ingredients

9		
	2 Person	4 Person
Shrimp	285 g	570 g
All-Purpose Flour	1 tbsp	2 tbsp
Mexican Seasoning	1 tbsp	2 tbsp
Vegetable Broth Concentrate	1	1
Sweet Bell Pepper	160 g	160 g
Green Bell Pepper	200 g	200 g
Garlic	3 g	6 g
Corn Kernels	56 g	113 g
Basmati Rice	¾ cup	1 ½ cup
Sour Cream	3 tbsp	6 tbsp
Cilantro	7 g	14 g
Lime	1	1
Tomato Sauce	2 tbsp	2 tbsp
Unsalted Butter*	½ tbsp	1 tbsp
Oil*		
Salt and Pepper*		

^{*} Pantry items

Allergens

Hey home cooks! Please refer to our meal kit labels for the most current allergen information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, sov. sulphites. tree nuts and wheat.

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Cook rice

Peel, then mince or grate the **garlic**. Heat a medium pot over medium heat. When the pot is hot, add ½ **tbsp oil** (dbl for 4 ppl), then the **garlic** and **rice**. Cook, stirring often, until fragrant, 1 min. Add **1** ¼ **cups water** (dbl for 4 ppl). Cover and bring to a boil over high heat. Reduce heat to low. Cook covered, until **rice** is tender and **liquid** is absorbed, 12-14 min.



Prep

While the **rice** cooks, cut the **peppers** into ½-inch pieces. Roughly chop the **cilantro**. Zest, then cut the **lime** into wedges. Stir together the **sour cream** and **lime zest** in a small bowl. Set aside. Drain and rinse the **shrimp**. Pat dry with paper towels. Season with **salt**, **pepper** and **half the Mexican seasoning**.



Cook veggies

Heat a large non-stick pan over medium-high heat. When hot, add ½ **tbsp oil** (dbl for 4 ppl), then the **peppers**. Cook, stirring occasionally, until tender-crisp, 4-5 min. Add the **corn**. Stir occasionally until warmed through, 1 min. Season with **salt** and **pepper**. Transfer to a large bowl and cover to keep warm.



Cook shrimp

Add ½ tbsp oil, then the shrimp to the same pan. Cook, stirring occasionally, until shrimp just turns pink, 2-3 min.** Transfer to a plate and cover to keep warm. (NOTE: Don't overcrowd the pan; cook shrimp in 2 batches for 4 ppl, using ½ tbsp oil for each batch!)



Make sauce

Add ½ tbsp butter (dbl for 4 ppl) to the same pan. Sprinkle over the flour, then add the tomato sauce and remaining Mexican seasoning. Whisk together until fragrant, 1 min. Add broth concentrate and ½ cup water (dbl for 4 ppl). Bring to a boil over medium-high heat. Once boiling, reduce heat to medium-low. Cook, whisking often, until sauce is slightly thickened, 1-2 min. Remove from heat and add shrimp. Toss to coat shrimp with the sauce.



Finish and serve

Fluff the **rice** with a fork, then season with **salt**. Add the **rice** to the large bowl with **veggies**. Stir to combine. then divide between bowls. Top with the **shrimp** and drizzle over **sauce**. Dollop with the **lime crema**. Sprinkle the **cilantro** over top and squeeze over a **lime wedge**, if desired.

Dinner Solved!

^{**} Cook to a minimum internal temperature of 74°C/165°F, as size may vary.