

# Lemon-Pepper Chicken and Mushrooms

with Spinach Caesar Salad

Spicy

Quick

25 Minutes





Chicken Breasts





Mushrooms



Ciabatta Roll



Caesar Dressing



Parmesan Cheese, shredded



Lemon-Pepper Seasoning



**Baby Spinach** 

## Start here

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.

#### **Bust out**

Baking sheet, measuring spoons, large bowl, parchment paper, large non-stick pan, paper towels

## Ingredients

	2 Person	4 Person
Chicken Breasts *	2	4
Chicken Thighs	280 g	560 g
Mushrooms	113 g	227 g
Ciabatta Roll	1	2
Caesar Dressing	4 tbsp	8 tbsp
Parmesan Cheese, shredded	1/4 cup	⅓ cup
Lemon-Pepper Seasoning	1 tbsp	2 tbsp
Baby Spinach	56 g	113 g
Oil*		
Salt and Pepper*		

- \* Pantry items
- \*\* Cook to a minimum internal temperature of 74°C/165°F, as size may vary.
- Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent. Both will disappear 3 minutes after opening.

## **Allergens**

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

## Contact

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#### Roast mushrooms

- Quarter mushrooms.
- Add mushrooms, half the Lemon-Pepper Seasoning and 1 tbsp oil (dbl for 4 ppl) to a parchment-lined baking sheet. Season with salt, then toss to coat.
- Roast in the **middle** of the oven, tossing halfway through, until golden-brown, 18-20 min. (NOTE: In step 2, halfway through roasting mushrooms, you will add chicken to the same sheet.)



#### Make salad

 Add spinach and half the Caesar dressing to the bowl with croutons. Toss to combine.



#### Cook chicken

- Meanwhile, heat a large non-stick pan over medium-high heat.
- While the pan heats, pat chicken dry with paper towels, then season with remaining Lemon-Pepper Seasoning and salt.
- When the pan is hot, add ½ tbsp oil (dbl for 4 ppl), then chicken. Pan-fry until goldenbrown, 1-2 min per side.
- Remove from heat.
- Halfway through roasting mushrooms, carefully transfer chicken to the same baking sheet. Roast in the middle of the oven until chicken is cooked through, 10-12 min.\*\*
- Carefully wipe the pan clean.

If you've opted to get **chicken thighs**, prepare and cook them in the same way the recipe instructs you to prepare and cook the **chicken breasts**.



#### Finish and serve

- Thinly slice chicken.
- Divide salad between plates. Top with chicken and mushrooms.
- Drizzle **remaining Caesar dressing** over top, then sprinkle with **Parmesan**.



## Make croutons

- Meanwhile, cut or tear **ciabatta** into ½-inch pieces.
- Add ciabatta pieces and 1 tbsp oil (dbl for 4 ppl) to a large bowl. Season with salt and pepper, then toss to coat.
- · Reheat the same pan over medium.
- When hot, add **ciabatta pieces**. Cook, stirring occasionally, until golden-brown on all sides, 3-4 min.
- Return **croutons** to the same large bowl to cool slightly, 5 min.

# **Dinner Solved!**