

Lemon-Pepper Barramundi and Zesty Rice

with Garlic Snap Peas and Horseradish Aioli

Quick

25 Minutes









Barramundi



Basmati Rice







Sugar Snap Peas



Lemon-Pepper



Lemon

Seasoning



Vegetable Broth Concentrate



Mayonnaise



Creamy Horseradish Sauce



Start here

- Before starting, preheat the broiler to high.
- Wash and dry all produce.

Measurements 1 tbsp (2 tbsp) oil within steps 2 person 4 person Ingredient

Bust out

Baking sheet, measuring spoons, zester, aluminum foil, medium pot, small bowl, measuring cups, large non-stick pan, paper towels

Ingredients

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	2 Person	4 Person
Barramundi	282 g	564 g
Garlic Salt	1 tsp	2 tsp
Basmati Rice	¾ cup	1 ½ cups
Sugar Snap Peas	113 g	227 g
Lemon-Pepper Seasoning	1 tbsp	2 tbsp
Lemon	1/2	1
Vegetable Broth Concentrate	1	2
Mayonnaise	2 tbsp	4 tbsp
Creamy Horseradish Sauce	1 tbsp	2 tbsp
Unsalted Butter*	2 ½ tbsp	5 tbsp
Sugar*	⅓ tsp	1/4 tsp
Oil*		

Salt and Pepper*

- * Pantry items
- ** Cook to a minimum internal temperature of 70°C/158°F, as size may vary.

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

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Cook rice

- Add rice, broth concentrate, half the Lemon-Pepper Seasoning, ¼ tsp (½ tsp) salt and 1 ¼ cups (2 ½ cups) water to a medium pot. Cover and bring to a boil over high heat.
- Once boiling, reduce heat to low. Cover and cook until **rice** is tender and **liquid** is absorbed, 12-14 min.
- Remove the pot from heat. Set aside, still covered.
- Add **lemon zest** and **1 tbsp** (2 tbsp) **butter** to the pot with **rice**, then fluff with a fork until **butter** melts.



Sauté sugar snap peas

- Heat the same pan from step 2 over medium-high.
- Add ½ tbsp (1 tbsp) butter, then sugar snap peas. Cook, stirring occasionally, until sugar snap peas are tender-crisp, 3-4 min.
- Add remaining garlic salt, then season with pepper. Cook, stirring often, until fragrant, 30 sec.
- Remove the pan from heat.



Prep and make aioli

- Meanwhile, zest, then cut **half the lemon** (whole lemon for 4 ppl) into wedges.
- Trim sugar snap peas.
- Cut the top off the horseradish sauce packet, then drain and discard any liquid.
- Add mayo, horseradish and ¼ tsp (¼ tsp) sugar to a small bowl. Squeeze a lemon wedge over top. Season with garlic salt and pepper, to taste, then stir to combine.
- Add **1 tbsp** (2 tbsp) **butter** to a large nonstick pan. Heat over medium-high to melt.



Broil barramundi

- While **butter** melts, pat **barramundi** dry with paper towels.
- Arrange **barramundi**, skin-side down, on a foil-lined baking sheet.
- Drizzle melted butter over barramundi, then season with half the remaining garlic salt and remaining Lemon-Pepper Seasoning.
- Broil in the **top** of the oven until golden and cooked through, 5-6 min.**



Finish and serve

- Carefully remove and discard skin from **barramundi**, if desired.
- Divide **rice** and **sugar snap peas** between plates. Top with **barramundi**.
- Dollop aioli over barramundi.
- Squeeze a lemon wedge over the plate, if desired.

Dinner Solved!