

LEEK AND POTATO GRATIN

with Goat Cheese and Spinach





HELLO

LEEK

The Roman Emperor Nero believed eating leeks would improve his singing voice



Yellow Potato



Parmesan Cheese, grated



Leek, sliced

Breadcrumbs



Parsley



Vegetable Broth Concentrate

Goat Cheese



Sour Cream

PREP: 10 MIN

TOTAL: 30 MIN

CALORIES: 450

BUST OUT

- Measuring Cups
- Measuring Spoons
- Salt and Pepper
- Medium Oven-Proof Pan
 Olive or
- Medium Pot
- Canola oil
- Small Bowl

INCDEDIENTS

INGREDIENTS	
2-person	
340 g	
85 g	
10 g	
1	
56 g	
¹/ ₄ cup	
¹/₃ cup	
56 g	
6 tbsp	

ALLERGENS ALLERGÈNES

Some ingredients are produced in a facility that also processes milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat

Certains ingrédients sont produits dans des installations qui traitent également lait, la moutarde, les arachides, le sésame, le soya, les sulfites, les noix et le blé.

- O Seafood/Fruit de Mer 6 Mustard/Moutarde
- 1 Wheat/Blé 2 Milk/Lait
- 7 Peanut/Cacahuète 8 Sesame/Sésame
- 3 Egg/Oeuf
- 4 Sov/Soia
- 9 Sulphites/Sulfites
- 5 Tree Nut/Noix
- 10 Crustacean/Crustacé
- 11 Shellfish/Fruit de Mer

START STRONG



Preheat your broiler to high (to broil the gratin). If you don't have an oven-proof pan, transfer your veggies to an 8x8-inch baking dish after Step 3 (before assembling)!



COOK POTATOES Wash and dry all produce.* Cut the **potatoes** into ½-inch pieces. In a medium pot, combine the potatoes with 1/2 tsp salt and enough water to cover the potatoes by 1-inch. Cover and bring to a boil over high heat. Once boiling, reduce the heat to medium. Cook, uncovered, until the **potatoes** are forktender, 13-15 min.



COOK LEEKS Meanwhile, heat a medium ovenproof pan over medium heat. When the pan is hot, add 1 tbsp oil, then the leeks. Cook, stirring often, until the leeks are golden-brown, 6-7 min.



MAKE SAUCE Add the **broth concentrate** and 1 cup water into the pan with the leeks. Reduce the heat to low. Cook, stirring occasionally, until the **sauce** thickens slightly, 10-12 mins. Meanwhile, roughly chop the **parsley**. In a small bowl, combine the panko, Parmesan and 1 tbsp oil. Season with salt and pepper.



FINISH SAUCE When the **potatoes** are tender, drain and set aside. When the sauce is reduced, remove the pan from the heat and add the sour cream. Stir together until the **sauce** is smooth. 1 min. Add the potatoes, spinach and parsley to the **sauce**. Cook, stirring together, until the spinach wilts, 1-2 min. Season with salt and pepper.



Crumble the **goat cheese** over the **potato mixture**, then sprinkle over the cheesy-panko. Broil in the middle of the oven, until the cheesy-panko topping is crispy and golden-brown, 2-3 min. (TIP: Keep your eye on it so it doesn't burn!)



FINISH AND SERVE Divide the leek and potato gratin between plates.

SNAP SHOT

Don't forget to take a pic of your creamy leeky perfection!

Laver et sécher tous les aliments.