

Korean-Inspired Veggie Burgers

with Beyond Meat® and Spicy Mayo

Veggie

Spicy

30 Minutes





Beyond Meat®







Sweet Potato



Soy Sauce





Gochujang



Crispy Shallots





Rice Vinegar



Baby Spinach

Mayonnaise



Green Onions

HELLO GOCHUJANG

Start here

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.

Bust out

Baking sheet, measuring spoons, spatula, large bowl, parchment paper, 2 small bowls, whisk, large non-stick pan

Ingredients

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	2 Person	4 Person
Beyond Meat [®]	2	4
Brioche Bun	2	4
Sweet Potato	340 g	680 g
Soy Sauce	½ tbsp	1 tbsp
Honey	1 tbsp	2 tbsp
Gochujang	2 tbsp	4 tbsp
Crispy Shallots	28 g	56 g
Baby Spinach	56 g	113 g
Rice Vinegar	1 tbsp	2 tbsp
Mayonnaise	4 tbsp	8 tbsp
Green Onion	1	2
Sugar*	½ tsp	1 tsp
Oil*		
Salt and Pepper*		

- * Pantry items
- ** Cook to a minimum internal temperature of 74°C/165°F.

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Contact

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Roast sweet potato wedges

Cut **sweet potatoes** into ½-inch wedges. Add **sweet potato wedges** and **1 tbsp oil** to a parchment-lined baking sheet. (NOTE: For 4 ppl, use 2 parchment-lined baking sheets, with 1 tbsp oil per sheet.) Season with **salt** and **pepper**, then toss coat. Roast in the **middle** of the oven, flipping halfway through, until tender and golden-brown, 22-24 min. (NOTE: For 4 ppl, roast in the top and middle of the oven, rotating sheets halfway through.)



Make dressing

While sweet potato wedges roast, thinly slice green onion. Add green onions, vinegar, ½ tsp sugar and 1 tbsp oil (dbl both for 4 ppl) to a large bowl. Season with salt and pepper, then whisk to combine.



Make spicy mayo

Stir together mayo, half the soy sauce and half the gochujang in a small bowl.



Cook Beyond Meat® patties

Stir together honey, remaining soy sauce and remaining gochujang in another small bowl. Heat a large non-stick pan over medium-high heat. When hot, add ½ tbsp oil (dbl for 4 ppl), then Beyond Meat® patties. Using the back of a spatula, flatten patties to ½-inch thick. Cook until golden-brown, 3-4 min per side.** Remove the pan from heat, then carefully drain and discard excess fat. Spread honey mixture over tops of patties. Cover, then set aside.



Toast buns

While **Beyond Meat® patties** cook, halve **buns**. Add **buns** directly to the **top** rack of the oven, cut-side up. Toast until golden-brown, 3-4 min. (TIP: Keep an eye on them so they don't burn!)



Finish and serve

Add spinach to the large bowl with dressing, then toss to coat. Spread some spicy mayo onto bottom buns, then stack with some salad, Beyond Meat® patties and some crispy shallots. Close with top buns. Divide burgers, sweet potato wedges and remaining salad between plates. Sprinkle remaining crispy shallots over salad. Serve remaining spicy mayo on the side for dipping.

Dinner Solved!