

Kadai-Style Paneer with Peppers and Garlicky Basmati Rice

Veggie

35 Minutes



HELLO PANEER A mild cheese that holds its shape even when fried!

Start here

Before starting, wash and dry all produce.

Bust out

Measuring spoons, medium pot, measuring cups, large non-stick pan

Ingredients

	2 Person	4 Person
Paneer Cheese	200 g	400 g
Basmati Rice	¾ cup	1 ½ cups
Sweet Bell Pepper	160 g	320 g
Red Onion	113 g	113 g
Garlic, cloves	2	4
Tikka Sauce	½ cup	1 cup
Indian Spice Mix	1 tbsp	2 tbsp
Baby Spinach	56 g	113 g
Coconut Milk	165 ml	400 ml
Unsalted Butter*	2 tbsp	4 tbsp
Oil*		
Salt and Pepper*		

* Pantry items

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

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Prep

Core, then cut **pepper** into ½-inch pieces. Peel, then cut **onion** into ½-inch pieces. Peel, then mince or grate **garlic**. Cut **paneer** into ½-inch cubes. Roughly chop **spinach**.



Cook rice

Heat a medium pot over medium heat. When hot, add **1 tbsp butter** (dbl for 4 ppl), then **rice** and **half the garlic**. Cook, stirring often, until fragrant, 2-3 min. Add **1 ¼ cups water** (dbl for 4 ppl) and bring to a boil over high heat. Once boiling, reduce heat to low. Cover and cook until **rice** is tender and **liquid** is absorbed, 12-14 min. Remove the pot from heat. Set aside, still covered.



Cook paneer

While **rice** cooks, heat a large non-stick pan over medium-high heat. When hot, add **1 tbsp butter**, then swirl the pan until melted, 1 min. Add **paneer** and season with **salt** and **pepper**. (NOTE: Don't overcrowd the pan; cook paneer in 2 batches for 4 ppl, using 1 tbsp butter per batch!) Pan-fry, turning **cubes** occasionally, until crispy and golden-brown all over, 5-6 min. Transfer **paneer** to a plate and set aside.



Cook veggies

Reduce the heat to medium. Add ½ **tbsp oil** (dbl for 4 ppl) to the same pan, then **onions** and **peppers**. Cook, stirring occasionally, until tender-crisp, 3-4 min. Add **Indian Spice Mix** and **remaining garlic**. Cook, stirring often, until fragrant, 1-2 min.



Make sauce

Reduce the heat to medium-low, then add tikka sauce and coconut milk to the pan with veggies. Cook, stirring occasionally, until sauce thickens slightly, 5-7 min. Add paneer and spinach. Cook, stirring often, until spinach wilts, 1-2 min. (NOTE: For 4 ppl, add spinach in batches.) Season with salt.



Finish and serve

Fluff **rice** with a fork. Season with **salt**. Divide **rice** between plates. Top with **paneer mixture**.

Dinner Solved!