

Japanese Beef Soboro Donburi

with Jasmine Rice and Peas

25 Minutes

PRONTO





— HELLO WASABI PASTE – A popular Japanese condiment!



Peas

.

Start Strong

Before starting, wash and dry all produce.

Bust Out

Garlic Press, Large Non-Stick Pan, Measuring Spoons, Small Bowl, Whisk, Medium Bowl, Zester, Medium Pot, Measuring Cups

Ingredients

	2 Person	4 Person
Ground Beef	250 g	500 g
Peas	56 g	113 g
Jasmine Rice	¾ cup	1 ½ cup
Mirin-Soy Blend	¼ cup	½ cup
Wasabi Paste	5 g	10 g
Ginger	30 g	60 g
Garlic 🥑	6 g	12 g
Cremini Mushrooms	227 g	454 g
Green Onions	2	4
Mayonnaise	¼ cup	½ cup
Fish Sauce	1 tbsp	2 tbsp
Cornstarch	1 tbsp	2 tbsp
Oil*		
Salt and Pepper*		

* Pantry items

** Cook to	a minimum	internal	tempe	erature	of 71	°C/160°F.
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Allergens

Hey home cooks! Please refer to our meal kit labels for the most current allergen information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

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1. PREP

Add **1** ¹/₃ **cups water** (2 ¹/₂ cups for 4 ppl) in a medium pot. Cover and bring to a boil over high heat. Meanwhile, peel, then mince **ginger**. Thinly slice **green onions**. Quarter the **mushrooms**. Peel, then mince or grate the **garlic**. Stir together the **mayo** and **wasabi paste** in a small bowl. Set aside.



2. COOK RICE & MAKE SAUCE

Add **rice** to the pot of **boiling water**. Reduce the heat to low. Cook, still covered, until **rice** is tender and **water** is absorbed, 12-14 min. While **rice** cooks, add **garlic**, **ginger**, **cornstarch**, **mirin-soy**, **fish sauce** and ½ **cup water** (dbl for 4 ppl) to a medium bowl. Whisk to combine. Set aside.



3. COOK BEEF

Heat a large non-stick pan over medium-high heat. When hot, add ½ **tbsp oil** (dbl for 4 ppl), then **beef**. Cook, breaking up **beef** into smaller pieces, until no pink remains, 4-5 min.** Transfer the **cooked beef** to the bowl with **sauce**.



4. COOK MUSHROOMS & ASSEMBLE

Add another **1 tbsp oil** (dbl for 4 ppl) to the same pan, then **mushrooms**. Cook, stirring occasionally, until golden-brown, 5-6 min. Add **beef**, **sauce** and **peas**. Cook, stirring often, until **sauce** thickens slightly, 2-3 min.



5. FINISH AND SERVE

Fluff rice with a fork, then stir in half the green onions. Divide rice between bowls and top with beef mixture. Dollop over wasabi mayo. Sprinkle over remaining green onions.



6. GOT EGGS?

If desired, in Step 4, while **mushrooms** cook, heat a medium non-stick pan over mediumlow heat. When hot, add **2 tbsp butter** (dbl for 4 ppl) and swirl pan, until melted. Crack in **two eggs** (dbl for 4 ppl). Season with **salt** and **pepper**. Pan-fry, covered, until **egg white** is set 2-3 min. (**NOTE:** The yolk will still be runny! If preferred, pan-fry eggs using 1 tbsp oil — instead of butter.)

Dinner Solved!