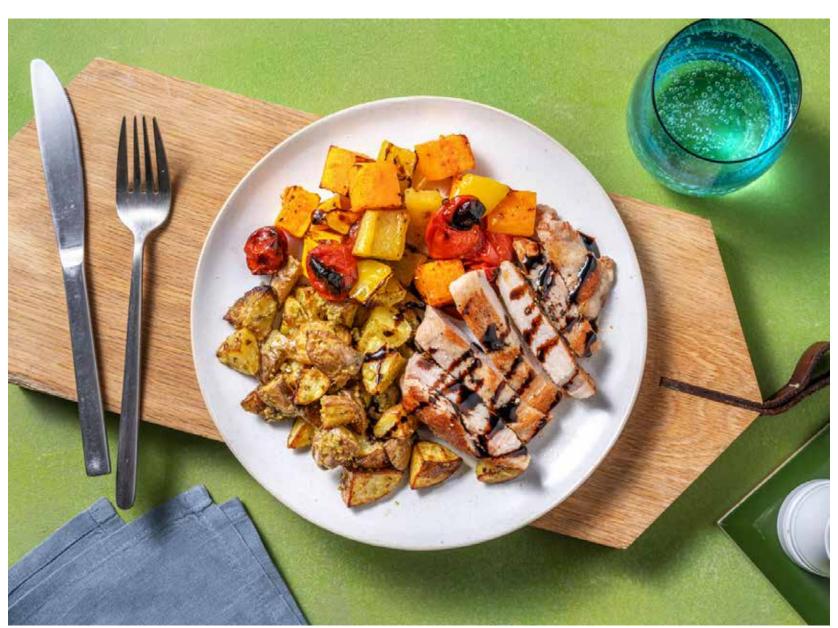


Italian Sheet Pan Pork Chops

with Roasted Veggies and Pesto Potatoes

30 Minutes







Yellow Potato

Sweet Bell Pepper

boneless



Butternut Squash,





Baby Tomatoes





Garlic Salt



Balsamic Glaze

Start here

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.

Bust out

2 Baking sheets, measuring spoons, parchment paper, large non-stick pan, paper towels

Ingredients

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	2 Person	4 Person
Pork Chops, boneless	340 g	680 g
Yellow Potato	360 g	720 g
Butternut Squash, cubes	170 g	340 g
Sweet Bell Pepper	160 g	320 g
Baby Tomatoes	113 g	227 g
Basil Pesto	1/4 cup	½ cup
Garlic Salt	1 tsp	2 tsp
Balsamic Glaze	2 tbsp	4 tbsp
Oil*		
Salt and Pepper*		

^{*} Pantry items

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



Roast potatoes

Cut **potatoes** into ½-inch pieces. Add **potatoes** and **1 tbsp oil** (dbl for 4 ppl) to a parchment-lined baking sheet. Season with **salt** and **pepper**, then toss to coat. Roast in the **middle** of the oven, tossing halfway through, until golden-brown, 25-28 min.



Prep and season veggies

While **potatoes** roast, core, then cut **pepper** into 1-inch pieces. Add **squash**, **peppers**, **tomatoes**, **half the garlic salt** and **1 tbsp oil** (dbl for 4 ppl) to one side of an unlined baking sheet. Season with **pepper**, then toss to combine.



Pan-fry pork

Pat **pork** dry with paper towels. Season with **remaining garlic salt** and **pepper**. Heat a large non-stick pan over medium-high heat. When hot, add ½ **tbsp oil** (dbl for 4 ppl), then **pork**. Pan-fry until golden, 2-3 min per side. Transfer **pork** to the other side of the baking sheet with **veggies**. (NOTE: For 4 ppl, use separate baking sheets for veggies and pork.)



Roast pork and veggies

Roast **pork** and **veggies** in the **middle** of the oven until **veggies** are tender-crisp and **pork** is cooked through, 14-16 min.** (NOTE: For 4 ppl, roast in the top and the bottom of the oven, rotating sheets halfway through.)



Finish and serve

When **pork** is cooked through, transfer to a plate to rest, 3-5 min. When **potatoes** are done, top with **pesto**, then toss to coat. Thinly **slice pork**. Divide **pork**, **pesto potatoes** and **veggies** between plates. Drizzle **balsamic glaze** over **pork** and **veggies**.

Contact

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^{**} Cook to a minimum internal temperature of 71°C/160°F, as size may vary.