

# Homestead Chicken Stew

with Brown-Butter Irish Champ

Family Friendly 30-40 Minutes





Chicken Thighs





Aromatics Blend







**Russet Potato** 

Green Peas

Thyme





Chicken Broth Concentrate



Cream Sauce Spice

Blend



Green Onion



Garlic Salt

# Start here

Before starting, wash and dry all produce.

#### **Bust out**

Vegetable peeler, colander, measuring spoons, potato masher, medium pot, measuring cups, large pot, paper towels

# Ingredients

9		
	2 Person	4 Person
Chicken Thighs •	280 g	560 g
Chicken Breasts •		4
Aromatics Blend	227 g	454 g
Green Peas	56 g	113 g
Thyme	7 g	7 g
Russet Potato	460 g	920 g
Chicken Broth Concentrate	2	4
Cream Sauce Spice Blend	1 tbsp	2 tbsp
Green Onion	2	4
Garlic Salt	1 tsp	2 tsp
Unsalted Butter*	3 ½ tbsp	7 tbsp
Milk*	3 tbsp	6 tbsp
Salt and Pepper*		

- \* Pantry items
- \*\* Cook to a minimum internal temperature of  $74^{\circ}$ C/ $165^{\circ}$ F, as size may vary.
- \* Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent. Both will disappear 3 minutes after opening.

## **Allergens**

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, sov. sulphites. tree nuts and wheat.

# Contact

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## Cook potatoes

- Peel, then cut **potatoes** into 1-inch pieces.
- Add **potatoes**, **2 tsp salt** and **enough water** to cover (by approx. 1 inch) to a medium pot (use same for 4 ppl). Cover and bring to a boil over high heat.
- Meanwhile, thinly slice green onions.
- Once boiling, reduce heat to medium-high.
  Simmer uncovered until fork-tender,
  10-12 min.
- Drain **potatoes** in a colander.



#### Prep

• Meanwhile, pat **chicken** dry with paper towels, then cut into 1-inch pieces. Season with **salt** and **pepper**.

If you've opted to get **chicken breasts**, prepare and cook them in the same way the recipe instructs you to prepare and cook the **chicken thighs**.



#### Start stew

- Heat a large pot over medium-high heat.
- When hot, add 1 ½ tbsp butter (dbl for 4 ppl), then swirl the pot until melted.
- Add **chicken**. Cook, stirring occasionally, until golden-brown, 3-4 min.
- Add aromatics blend and 2-3 thyme sprigs (3-4 sprigs for 4 ppl). Cook, stirring occasionally, until veggies soften slightly, 1-2 min.
- Sprinkle Cream Sauce Spice Blend and 3/4 tsp garlic salt (dbl for 4 ppl) into the pot. Cook, stirring often, until chicken and veggies are coated, 30 sec.



#### Finish stew

- Stir 1 cup water (dbl for 4 ppl) and broth concentrates into the pot with chicken and veggies. Bring to a gentle boil over high.
- Once boiling, add peas, then reduce heat to medium. Cover and cook, stirring occasionally, until veggies are tender and chicken is cooked through, 8-10 min.\*\*
   (NOTE: The stew will be on the thin side.)
- Season with pepper, to taste.



#### Make brown butter

- Meanwhile, while **potatoes** drain in the colander, carefully wipe the medium pot (from step 1) dry, then heat over medium.
- When hot, add **2 tbsp butter** (dbl for 4 ppl), then swirl the pot until **butter** is goldenbrown and stops foaming, 1-2 min. (TIP: Keep an eye on butter so it doesn't burn!)
- Add **green onions**, then remove the pot from heat. Stir until **green onions** soften slightly, 30 sec.



# Finish and serve

- Return potatoes to the pot with brown butter and green onions. Add 3 tbsp milk (dbl for 4 ppl), then mash until creamy.
   Season with remaining garlic salt and pepper, to taste.
- Carefully remove thyme sprigs from **stew.**
- Divide **mash** between bowls. Top with **chicken stew**.

# **Dinner Solved!**