

# **GRILLED CHICKEN PIZZA WITH NECTARINE**

PRONTO

**Balsamic Glaze and Arugula** 



## HELLO -

### **NECTARINES**

These stone fruits are in-season and ripe for the picking



**W** 

Chicken Breasts



Naan Bread



Nectarine



Baby Arugula



Mozzarella Cheese, shredded



Balsamic Glaze



Black Peppercorns, crushed

TIME: 35 MIN

Shallot

0

Garlic

### **BUST OUT**

- Large Bowl
- Measuring Spoons
- Whisk
- Paper Towels
- 2 Baking Sheets

- Garlic Press
- Small Bowl
- · Large Non-Stick Pan
- Sugar (1 tsp | 2 tsp) Silicone Brush
- Unsalted Butter 2
- (2 tbsp | 4 tbsp)
- Salt and Pepper
- · Olive or Canola Oil

INGKEDIENIS	
	2-person   4-person
Chicken Breasts	2   4
• Naan Bread 1,2,3	2   4
Nectarine	135 g   270 g
Baby Arugula	56 g   113 g
• Mozzarella Cheese, shredded 2	½ cup   1 cup
• Balsamic Glaze 9	2 tbsp   4 tbsp
• Black Peppercorns, crushed	1½ tsp   1½ tsp
• Shallot	100 g   200 g
Garlic	6 g   12 g

### ALLERGENS ALLERGENES

Some ingredients are produced in a facility that also processes milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Certains ingrédients sont produits dans des installations qui traitent également lait, la moutarde, les arachides, le sésame, le soya, les sulfites, les noix et le blé.

- O Fish/Poisson
- 1 Wheat/Blé
- 2 Milk/Lait
- 3 Egg/Oeuf

- 4 Soy/Soja 5 Tree Nut/Noix
- 6 Mustard/Moutarde
- 7 Peanut/Cacahuète
- 8 Sesame/Sésame
- 9 Sulphites/Sulfites
- 10 Crustacean/Crustacé
- 11 Shellfish/Fruit de Mer
- Laver et sécher tous les aliments.
- \*\*Cuire jusqu'à une température interne minimale de 74°C/165°F.



### START STRONG



Preheat your oven to 450°F (to roast chicken, toast naan and bake pizzas). Start prepping when your oven comes up to temperature!



**COOK CHICKEN** Wash and dry all produce.\* Pat **chicken** dry with paper towels, then season with salt and pepper. Heat a large non-stick pan over medium-high heat. When the pan is hot, add 1 tbsp oil (dbl for 4 ppl), then **chicken**. Cook, until golden, 2-3 min per side. Transfer chicken to a baking sheet. Roast, in **middle** of oven, until cooked through, 8-11 min. (TIP: Cook each piece to a min. internal temp. of 74°C/165°F, as size may vary.\*\*)



**TOAST NAAN** In a small bowl, combine garlic and 1 tbsp oil (dbl for 4 ppl). On another baking sheet, arrange **naan** and brush over garlic oil. Toast, in top of oven, until golden-brown, 2-3 min. (TIP: Keep an eye on the naan so that it doesn't burn!)



PREP Meanwhile, wipe the same pan clean and set aside. Cut four sections off **nectarine**, avoiding the pit, then cut into 1/4-inch slices. Peel, then cut shallot into thin slices. Peel, then mince or grate garlic. In a large bowl, whisk together half the balsamic glaze, ½ tsp sugar (dbl for 4 ppl), 1 tbsp water (dbl for 4 ppl) and 1 tbsp oil (dbl for 4 ppl). Season with **salt** and **pepper**.



**COOK NECTARINES** Heat the pan over medium heat. When the pan is hot, add 1 tbsp butter (dbl for 4 ppl). Stir until melted, then add shallots. Cook, stirring often, until softened, 2-3 min. Add nectarines and sprinkle over ½ tsp sugar (dbl for 4 ppl). Cook, stirring often, until golden-brown, 2-3 min.



**ASSEMBLE PIZZA** Slice chicken. Working on the baking sheet, top toasted naans with nectarine mixture, chicken and cheese. Bake, in **middle** of oven, until **cheese** bubbles 4-5 min. (NOTE: Use two baking sheets for 4 ppl.)



**FINISH AND SERVE** To **dressing**, add **arugula** and toss to combine. Cut **pizzas** into quarters. Top with some arugula salad and sprinkle over some **black pepper**. Drizzle over remaining glaze. Serve remaining arugula salad on the side.

### SUMMERY!

This summer pizzas are sweet and savoury!