

## Gochujang Glazed Shrimp

with Sesame Rice

Spicy

Quick

25 Minutes











Sesame Seeds

Gochujang





Jasmine Rice







Cornstarch



Garlic Puree



Sweet Bell Pepper





Moo Shu Spice Blend



Carrot, julienned

HELLO GOCHUJANG

### Start here

Before starting, wash and dry all produce.

#### **Bust out**

2 Medium bowls, measuring spoons, strainer, medium pot, measuring cups, whisk, large non-stick pan, paper towels

### Ingredients

|                       | 2 Person | 4 Person |
|-----------------------|----------|----------|
| Shrimp                | 285 g    | 570 g    |
| Double Shrimp         | 570 g    | 1140 g   |
| Gochujang 🌙           | 2 tbsp   | 4 tbsp   |
| Sesame Seeds          | 1 tbsp   | 2 tbsp   |
| Jasmine Rice          | ¾ cup    | 1 ½ cups |
| Soy Sauce Mirin Blend | 4 tbsp   | 8 tbsp   |
| Cornstarch            | 1 tbsp   | 2 tbsp   |
| Garlic Puree          | 1 tbsp   | 2 tbsp   |
| Sweet Bell Pepper     | 160 g    | 320 g    |
| Sriracha 🥒            | 2 tsp    | 4 tsp    |
| Moo Shu Spice Blend   | 1 tsp    | 2 tsp    |
| Carrot, julienned     | 56 g     | 113 g    |
| Sugar*                | 1 tsp    | 2 tsp    |
| Oil*                  |          |          |
| Salt*                 |          |          |

- \* Pantry items
- \*\* Cook to a minimum internal temperature of 74°C/165°F, as size may vary.

### Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, sov. sulphites. tree nuts and wheat.

### Contact

Call us | (855) 272-7002 HelloFresh.ca





### Cook rice

- Add 1 ¼ cups water (dbl for 4 ppl) to a medium pot. Cover and bring to a boil over high heat.
- Once boiling, add **rice**, ¼ **tsp salt** and **1 tsp Moo Shu Spice Blend** (dbl both for 4 ppl). Stir to combine, then reduce heat to low. Cover and cook until **rice** is tender and **liquid** is absorbed, 12-14 min.
- Remove the pot from heat. Set aside, still covered.



# Toast sesame seeds and cook veggies

- Heat a large non-stick pan over medium heat. When hot, add sesame seeds to the dry pan. Toast, stirring often, until golden-brown, 3-4 min. (TIP: Keep an eye on sesame seeds so they don't burn!)
- Transfer to a plate and set aside.
- Increase heat to medium-high.
- Add 1 tbsp oil (dbl for 4 ppl) to the same pan, then peppers and carrots. Cook, stirring occasionally, until veggies are tender-crisp,
  5-6 min.
- Transfer **veggies** to another medium bowl and set aside.



### Prep

- Meanwhile, core, then cut **pepper** into ¼-inch slices.
- Using a strainer, drain and rinse **shrimp**, then pat dry with paper towels.

If you've opted for **double shrimp**, prepare and cook it in the same way the recipe instructs you to prepare and cook the **regular portion of shrimp**.



### Make glaze

• Whisk together soy sauce mirin blend, garlic puree, cornstarch, gochujang, 1 tsp sugar and ½ cup water (dbl both for 4 ppl) in a medium bowl. Set aside.



### Cook shrimp and finish veggies

- Add ½ **tbsp oil** to the same pan, then **shrimp** and **glaze**. (NOTE: Don't overcrowd the pan; cook shrimp in 2 batches for 4 ppl, using ½ tbsp oil and half the glaze per batch.)
- Cook, stirring occasionally, until shrimp just turn pink and glaze thickens slightly,
  3-4 min.\*\*
- Add veggies, then stir to combine.



### Finish and serve

- Season rice with salt, then add half the sesame seeds. Fluff rice with a fork.
- Divide **rice** between bowls, then top with **shrimp and veggies**.
- Sprinkle with remaining sesame seeds.
- Drizzle **sriracha** over top, if desired.

### **Dinner Solved!**