

Fusilli al Forno

with Beef and Fresh Ricotta

Family Friendly Optional Spice

30 Minutes









Garlic, cloves



Shallot



Crushed Tomatoes





Baby Spinach







Ricotta Cheese

Italian Seasoning







Mozzarella Cheese,



shredded



Balsamic Vinegar



Parmesan Cheese, shredded

Start here

- Before starting, preheat the broiler to high.
- Wash and dry all produce.

Heat Guide for Step 4:

- Mild: 1/8 tsp
- Medium: 1/4 tsp
- Spicy: ½ tsp
 Extra-spicy: 1 tsp

Bust out

Large oven-proof pan, colander, measuring spoons, small bowl, measuring cups, large pot

Ingredients

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	2 Person	4 Person
Ground Beef	250 g	500 g
Fusilli	170 g	340 g
Garlic, cloves	2	4
Shallot	50 g	100 g
Crushed Tomatoes	370 ml	796 ml
Baby Spinach	56 g	113 g
Ricotta Cheese	100 g	200 g
Italian Seasoning	1 tbsp	2 tbsp
Mozzarella Cheese, shredded	¾ cup	1 ½ cups
Chili Flakes 🤳	1/4 tsp	1/4 tsp
Balsamic Vinegar	1 tbsp	2 tbsp
Parmesan Cheese, shredded	⅓ cup	⅓ cup
Sugar*	½ tsp	1 tsp
Oil*		

Salt and Pepper*

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Contact

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Prep

Add 10 cups water and 2 tsp salt to a large pot (use same for 4 ppl). Cover and bring to a boil over high heat. Meanwhile, peel, then mince shallot. Peel, then mince or grate garlic. Add ricotta and Parmesan to a small bowl. Season with 1/8 tsp salt (dbl for 4 ppl) and pepper, then stir to combine. Set aside.



Cook beef

Heat a large oven-proof pan over mediumhigh heat. When hot, add **1 tbsp oil** (dbl for 4 ppl), then **beef**. Season with **salt** and **pepper**. Cook, breaking up **beef** into smaller pieces, until no pink remains, 4-5 min.**
Carefully drain and discard excess fat.



Cook fusilli

Meanwhile, add **fusilli** to the **boiling water**. Cook uncovered, stirring occasionally, until tender, 10-12 min. Reserve ½ **cup pasta water** (dbl for 4 ppl), then drain.



Cook sauce

Meanwhile, add shallots, garlic and ½ tsp chili flakes to the pan with beef. (NOTE: Reference heat guide.) Reduce heat to medium. Cook, stirring often, until shallots soften, 3-4 min. Add crushed tomatoes, vinegar, Italian Seasoning and ½ tsp sugar (dbl for 4 ppl). Season with salt and pepper. Simmer, stirring occasionally, until sauce thickens slightly, 8-10 min.



Assemble pasta

Add fusilli, spinach and reserved pasta water to the pan with sauce. Stir until spinach wilts, 1-2 min. Season with salt and pepper, to taste. Remove the pan from heat. (NOTE: If you do not have an oven-proof pan, transfer mixture to a lightly-oiled 8x8-inch baking dish. For 4 ppl, use a 9x13-inch baking dish.) Dollop ricotta mixture over pasta, then sprinkle with mozzarella. Broil in the middle of the oven until cheese melts, 4-5 min.



Finish and serve

Divide **fusilli al forno** between plates.

Dinner Solved!

^{*} Pantry items

^{**} Cook to a minimum internal temperature of 74°C/165°F.