

French Dip Burgers with Aged Cheddar Cheese and Caramelized Onions

35 Minutes







Brioche Bun



Aged White Cheddar



Cheese, shredded



Yellow Onion



Beef Broth

Red Wine Vinegar



Baby Spinach



Panko Breadcrumbs



Garlic, cloves



Whole Grain Mustard



Mayonnaise



Baby Tomatoes

Start here

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.

Bust out

Baking sheet, medium bowl, measuring spoons, silicone brush, large bowl, small pot, 2 small bowls, measuring cups, whisk, large non-stick pan

Ingredients

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	2 Person	4 Person
Ground Beef	250 g	500 g
Brioche Bun	2	4
Aged White Cheddar Cheese, shredded	½ cup	1 cup
Beef Broth Concentrate	1	2
Yellow Onion	113 g	226 g
Red Wine Vinegar	1 tbsp	2 tbsp
Baby Spinach	113 g	227 g
Panko Breadcrumbs	⅓ cup	½ cup
Garlic, cloves	1	2
Whole Grain Mustard	1 tbsp	2 tbsp
Mayonnaise	2 tbsp	4 tbsp
Baby Tomatoes	113 g	227 g
Sugar*	1 1/4 tsp	2 ½ tsp
Unsalted Butter*	1 tbsp	2 tbsp
Oil*		
Salt and Pepper*		

^{*} Pantry items

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

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Prep

Halve **tomatoes**. Peel, then mince or grate **garlic**. Combine **mayo** and **mustard** in a small bowl. Set aside. Combine **beef**, **panko**, ½ **tsp salt** and ¼ **tsp pepper** (dbl both for 4 ppl) in a large bowl. Form **mixture** into **two** 4-inch-wide patties (4 patties for 4 ppl). (TIP: If you prefer a firmer patty, add an egg to the mixture!)



Marinate tomatoes

Whisk together vinegar, 2 tbsp oil and 1/4 tsp sugar (dbl both for 4 ppl) in a medium bowl. Add tomatoes, salt and pepper, then toss to coat.



Caramelize onions

Halve, peel, then cut **onion** into ¼-inch slices. Heat a large non-stick pan over medium heat. When hot, add ½ **tbsp oil** (dbl for 4 ppl), then **onions**. Cook, stirring occasionally, until slightly softened, 3-4 min. Add **1 tsp sugar** (dbl for 4 ppl) and season with **salt**. Cook, stirring occasionally, until dark goldenbrown, 3-4 min. Transfer **onions** to a plate and set aside. Carefully wipe the pan clean.



Cook patties and make au jus

Heat the same pan over medium. When hot, add patties to the dry pan. Pan-fry until cooked through, 4-5 min per side.** Transfer patties to a plate and cover to keep warm. (TIP: Don't overcrowd the pan; cook patties in 2 batches if needed!) While patties cook, heat a small pot over medium heat. When hot, add 1 tbsp butter, 1 tbsp caramelized onions, ½ cup water (dbl all for 4 ppl) and broth concentrate. Cook, stirring often, until au jus reduces slightly, 3-4 min.



Toast buns

While **au jus** cooks, halve **buns**, then arrange on an unlined baking sheet, cut-side up.
Combine **garlic** and **1 tbsp oil** (dbl for 4 ppl) in another small bowl. Brush **garlic oil** over **buns**, then sprinkle **cheese** over top. Toast **buns** in the **middle** of the oven until golden, 2-3 min. (TIP: Keep an eye on buns so they don't burn!)



Finish and serve

Add spinach to the bowl with tomatoes. Toss to combine. Spread mustard mayo over bottom buns. Stack patties and remaining caramelized onions on bottom buns. Close with top buns. Divide burgers and salad between plates. Serve au jus on the side for dipping.

Dinner Solved!

^{**} Cook to a minimum internal temperature of 74°C/165°F.