

# French Dip Burgers with White Cheddar Cheese and Caramelized Onions

35 Minutes





**Ground Beef** 





Brioche Bun



White Cheddar Cheese, shredded

Yellow Onion

Panko Breadcrumbs



Beef Broth



Concentrate



Baby Spinach





Red Wine Vinegar



Whole Grain Mustard



Mayonnaise



Roma Tomato

HELLO AU JUS

# Start here

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.

#### **Bust out**

Baking sheet, medium bowl, measuring spoons, large bowl, small pot, small bowl, measuring cups, whisk, large non-stick pan

## Ingredients

|                                | 2 Person | 4 Person  |
|--------------------------------|----------|-----------|
| Ground Beef                    | 250 g    | 500 g     |
| Lean Ground Bison              | 250 g    | 500 g     |
| Brioche Bun                    | 2        | 4         |
| White Cheddar Cheese, shredded | ½ cup    | 1 cup     |
| Beef Broth Concentrate         | 1        | 2         |
| Yellow Onion                   | 113 g    | 226 g     |
| Red Wine Vinegar               | 1 tbsp   | 2 tbsp    |
| Baby Spinach                   | 113 g    | 227 g     |
| Panko Breadcrumbs              | ⅓ cup    | ½ cup     |
| Whole Grain Mustard            | 1 tbsp   | 2 tbsp    |
| Mayonnaise                     | 2 tbsp   | 4 tbsp    |
| Roma Tomato                    | 160 g    | 320 g     |
| Sugar*                         | 1 ¼ tsp  | 2 1/2 tsp |
| Unsalted Butter*               | 1 tbsp   | 2 tbsp    |
| Oil*                           |          |           |
| Salt and Pepper*               |          |           |
|                                |          |           |

- \* Pantry items
- \*\* Cook to a minimum internal temperature of 74°C/165°F.

## **Allergens**

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

#### Contact

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#### Prep

Cut **tomatoes** into ¼-inch pieces. Combine **mayo** and **mustard** in a small bowl. Set aside. Combine **beef**, **panko**, ½ **tsp salt** and ¼ **tsp pepper** (dbl both for 4 ppl) in a large bowl. Form **mixture** into **two 4-inch-wide patties** (4 patties for 4 ppl). (TIP: If you prefer a firmer patty, add an egg to the mixture!)

If you've opted to get **bison**, prepare and cook it in the same way the recipe instructs you to prepare and cook the **beef**.



#### Make au jus

While **patties** cook, heat a small pot over medium heat. When hot, add **1 tbsp butter**, **1 tbsp caramelized onions**, ½ **cup water** (dbl all for 4 ppl) and **broth concentrate**. Cook, stirring often, until **au jus** reduces slightly, 3-4 min.



# Marinate tomatoes and caramelize onions

Whisk together vinegar, 2 tbsp oil and ¼ tsp sugar (dbl both for 4 ppl) in a medium bowl. Add tomatoes. Season with salt and pepper, then toss to coat. Peel, then cut onion into ¼-inch slices. Heat a large non-stick pan over medium heat. When hot, add ½ tbsp oil (dbl for 4 ppl), then onions. Cook, stirring occasionally, until slightly softened, 3-4 min. Add 1 tsp sugar (dbl for 4 ppl) and season with salt. Cook, stirring occasionally, until dark golden-brown, 3-4 min. Transfer onions to a plate and set aside. Carefully wipe the pan clean.



#### Toast buns

While **au jus** cooks, halve **buns**, then arrange on an unlined baking sheet, cut-side up. Sprinkle **cheese** over **top buns**. Toast **buns** in the **middle** of the oven until golden, 2-3 min. (TIP: Keep an eye on buns so they don't burn!)



# Cook patties

Heat the same pan over medium. When hot, add **patties** to the dry pan. Pan-fry until cooked through, 4-5 min per side.\*\* Transfer **patties** to a plate, then cover to keep warm. (TIP: Don't overcrowd the pan; cook patties in 2 batches, if needed!)



#### Finish and serve

Add spinach to the bowl with tomatoes. Toss to combine. Spread mustard mayo over bottom buns, then stack with patties and remaining caramelized onions. Close with top buns. Divide burgers and salad between plates. Serve au jus on the side for dipping.

## **Dinner Solved!**