

Fattoush Salad with Roasted Chickpeas

Spiced Pita and Feta Cheese

Veggie

30 Minutes







Blend

Pita Bread









Baby Tomatoes



Mixed Olives



Green Onions



White Wine Vinegar



Sweet Bell Pepper



Feta Cheese

Start here

- Before starting, preheat the oven to 425°F.
- Wash and dry all produce.

Bust Out

2 Baking sheets, measuring spoons, strainer, aluminum foil, large bowl, parchment paper, whisk

Ingredients

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	2 Person	4 Person
Chickpeas	398 ml	796 ml
Shawarma Spice Blend	1 tbsp	2 tbsp
Garlic	6 g	12 g
Pita Bread	2	2
Baby Tomatoes	113 g	227 g
Parsley	14 g	14 g
Mixed Olives	30 g	60 g
Green Onions	2	4
White Wine Vinegar	2 tbsp	4 tbsp
Sweet Bell Pepper	160 g	320 g
Feta Cheese	½ cup	1 cup
Sugar*	1 tsp	2 tsp
Oil*		
Salt and Pepper*		

^{*} Pantry items

Allergens

Hey home cooks! Please refer to our meal kit labels for the most current allergen information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



Prep chickpeas and garlic

Drain and rinse **chickpeas**. Toss **chickpeas** with **half the Shawarma Spice Blend** and **1 tbsp oil** (dbl for 4 ppl) on a parchment-lined baking sheet. Season with **salt** and **pepper**. Peel **garlic**. Toss **peeled garlic** with ½ **tsp oil** (dbl for 4 ppl) on a small sheet of foil. Wrap tightly and place on the same baking sheet.



Roast chickpeas and garlic

Roast **chickpeas** and **garlic** in the **middle** of the oven, stirring **chickpeas** halfway through cooking, until golden-brown, 28-30 min.



Toast pitas

While **chickpeas** and **garlic** roast, cut **pita** into 1-inch pieces. Toss **pita** with **remaining Shawarma Spice Blend** with **1 tbsp oil** (dbl for 4 ppl) on another parchment-lined baking sheet. Season with **salt** and **pepper**. Bake in the **top** of the oven, until golden-brown and crisp, 4-5 min.



Prep

While **pitas** toast, halve **tomatoes**. Thinly slice **green onions**. Core, then cut **pepper** into ½-inch pieces. Roughly chop **olives**. Roughly chop **parsley**.



Make dressing

Add **roasted garlic cloves** to a large bowl. Using a fork, mash **cloves**. Whisk in **vinegar**, **1 tsp sugar**, **2 tbsp oil** and **1 tbsp water** (dbl all for 4 ppl). Season with **salt** and **pepper**.



Finish and serve

Add roasted chickpeas, green onions, tomatoes, peppers, parsley, olives and half the feta to the bowl with dressing. Toss together. Divide pitas between bowls and top with the chickpea mixture. Sprinkle remaining feta over top.

Dinner Solved!

Contact

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