

Falafel Platters

with Roasted Potatoes and Garlic Hummus Drizzle

Veggie

35 Minutes







Falafel

Yellow Potato











Roasted Red Peppers

Red Wine Vinegar



Mayonnaise



Feta Cheese, crumbled





Roma Tomato



Shawarma Spice Blend



Spring Mix

HELLO FALAFEL

Start here

- Before starting, preheat the oven to
- Wash and dry all produce.

Bust out

Baking sheet, measuring spoons, large bowl, small bowl, whisk, large non-stick pan

Ingredients

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	2 Person	4 Person
Falafel	8	16
Yellow Potato	300 g	600 g
Hummus	4 tbsp	8 tbsp
Garlic, cloves	1	2
Roasted Red Peppers	170 ml	340 ml
Red Wine Vinegar	2 tbsp	4 tbsp
Mayonnaise	2 tbsp	4 tbsp
Feta Cheese, crumbled	⅓ cup	½ cup
Roma Tomato	160 g	320 g
Parsley	7 g	14 g
Shawarma Spice Blend	1 tbsp	2 tbsp
Spring Mix	113 g	227 g
Sugar*	½ tsp	1 tsp
Oil*		
Calle and Daniel		

Salt and Pepper*

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



Roast potatoes

- Cut **potatoes** into ½-inch pieces.
- Add potatoes, 1 tbsp oil (dbl for 4 ppl) and Shawarma Spice Blend to an unlined baking sheet. Season with **salt** and **pepper**, then toss to coat. Arrange in a single layer.
- Roast in the middle of the oven, stirring halfway through, until tender and goldenbrown, 25-28 min.



Prep and make garlic hummus

- Meanwhile, cut tomatoes into 1/2-inch pieces.
- Drain, then roughly chop roasted red peppers.
- Roughly chop parsley.
- Peel, then mince or grate **garlic**.
- Stir together hummus, mayo, half the vinegar and 1/4 tsp garlic (dbl for 4 ppl) in a small bowl. Set aside.



Cook falafel

- · Heat a large non-stick pan over mediumhigh heat.
- When hot, add 1 tbsp oil, then falafel. (NOTE: Don't overcrowd the pan. Cook in batches for 4 ppl if needed, using 1 tbsp oil per batch.)
- Fry until golden-brown, 3-4 min per side.



Marinate veggies

- Meanwhile, add remaining vinegar, 2 tbsp oil and ½ tsp sugar (dbl both for 4 ppl) to a large bowl. Season with salt and pepper, then whisk to combine.
- Add tomatoes, roasted red peppers and parsley. Stir to combine.



Finish and serve

- Divide spring mix between plates.
- Top with potatoes, marinated veggies, falafel and feta.
- Drizzle garlic hummus over top.

Dinner Solved!

Contact

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^{*} Pantry items