

Dry-Rub Chicken

with Charred Corn and Ranch Dressing

35 Minutes





Chicken Breasts





Corn Kernels





Ranch Dressing



Russet Potato

Green Onion



Smoked Paprika-Garlic Blend



Sweet Bell Pepper

Start here

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.

Bust out

2 Baking sheets, measuring spoons, silicone brush, aluminum foil, small bowl, large non-stick pan, paper towels

Inaredients

9		
	2 Person	4 Person
Chicken Breasts •	2	4
BBQ Sauce	4 tbsp	8 tbsp
Corn Kernels	113 g	227 g
Green Onion	2	2
Ranch Dressing	4 tbsp	8 tbsp
Russet Potato	460 g	920 g
Smoked Paprika-Garlic Blend	1 tbsp	2 tbsp
Sweet Bell Pepper	160 g	320 g
Oil*		
Salt and Pepper*		

- * Pantry items
- ** Cook to a minimum internal temperature of 74°C/165°F, as size may vary.
- Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent. Both will disappear 3 minutes after opening.

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



Roast potatoes

- Cut potatoes into ½-inch wedges.
- Add potatoes and 1 tbsp oil (dbl for 4 ppl) to an unlined baking sheet. Season with salt and pepper, then toss to coat.
- Arrange potatoes in a single layer.
- Roast in the top of the oven until tender and golden-brown, 25-28 min.



Roast chicken

- Meanwhile, pat chicken dry with paper towels.
- Add chicken, Smoked Paprika-Garlic Blend and ½ tbsp oil (dbl for 4 ppl) to a foil-lined baking sheet. Season with salt and pepper, then toss to coat.
- Roast in the **middle** of the oven until chicken is almost cooked through, 14-16 min. (NOTE: Chicken will finish cooking in step 4.)



Char veggies

- Meanwhile, core, then cut **pepper** into ½-inch pieces.
- · Heat a large non-stick pan over mediumhigh heat.
- When hot, add corn, peppers, 1 tbsp oil and ½ tbsp water (dbl both for 4 ppl). Cover with a lid. Cook, carefully swirling the pan often, until veggies are dark golden-brown, 5-6 min.
- Season with salt and pepper, to taste.



Broil chicken

- When **chicken** is almost cooked through and potatoes are out of the oven, turn the oven broiler to high.
- While the broiler preheats, brush half the BBQ sauce over chicken.
- Broil chicken in the middle of the oven until cooked through, 4-5 min.**



Mix ranch dressing

- Meanwhile, thinly slice green onions.
- Add ranch dressing and half the green onions to a small bowl. Season with salt and pepper, then stir to combine.



Finish and serve

- Slice chicken, if desired.
- · Divide chicken, charred veggies and potatoes between plates.
- Spoon ranch dressing over veggies and chicken. Sprinkle remaining green onions over top.
- Serve remaining BBQ sauce on the side for dipping.

Contact

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