

French Dip Burgers with Aged Cheddar Cheese and Caramelized Onions

35 Minutes





Ground Beef







Aged White Cheddar

Cheese, shredded

Yellow Onion

Baby Spinach

Brioche Bun



Beef Broth



Concentrate



Red Wine Vinegar







Panko Breadcrumbs



Whole Grain Mustard



Garlic, cloves

Mayonnaise



Roma Tomato

HELLO AU JUS

Start here

- Before starting, preheat the oven to
- Wash and dry all produce.

Bust out

Baking sheet, medium bowl, measuring spoons, silicone brush, large bowl, small pot, 2 small bowls, measuring cups, whisk, large non-stick pan

Ingredients

	2 Person	4 Person
Ground Beef	250 g	500 g
🔁 Double Ground Beef	500 g	1000 g
Brioche Bun	2	4
Aged White Cheddar Cheese, shredded	½ cup	1 cup
Beef Broth Concentrate	1	2
Yellow Onion	113 g	226 g
Red Wine Vinegar	1 tbsp	2 tbsp
Baby Spinach	113 g	227 g
Panko Breadcrumbs	1/4 cup	½ cup
Garlic, cloves	1	2
Whole Grain Mustard	1 tbsp	2 tbsp
Mayonnaise	2 tbsp	4 tbsp
Roma Tomato	160 g	320 g
Sugar*	1 1/4 tsp	2 ½ tsp
Unsalted Butter*	1 tbsp	2 tbsp
Oil*		

Salt and Pepper*

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

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Prep

Cut tomatoes into 1/4-inch pieces. Peel, then mince or grate garlic. Combine mayo and mustard in a small bowl. Set aside. Combine beef, panko, ½ tsp salt and ¼ tsp pepper (dbl both for 4 ppl) in a large bowl. Form mixture into two 4-inch-wide patties (4 patties for 4 ppl). (TIP: If you prefer a firmer patty, add an egg to the mixture!)



CUSTOM RECIPE

If you've opted for **double beef**, add another 1/4 tsp salt (dbl for 4 ppl) to the beef mixture. (TIP: If you prefer a firmer patty, add an egg to the mixture! For 4 ppl, add 2 eggs.) Form into four 4-inch-wide patties (8 patties for 4 ppl).



Make au jus

While **patties** cook, heat a small pot over medium heat. When hot, add 1 tbsp butter, 1 tbsp caramelized onions, ½ cup water (dbl all for 4 ppl) and **broth concentrate**. Cook, stirring often, until au jus reduces slightly, 3-4 min.



Marinate tomatoes and caramelize onions

Whisk together vinegar, 2 tbsp oil and 1/4 tsp sugar (dbl both for 4 ppl) in a medium bowl. Add tomatoes. Season with salt and **pepper**, then toss to coat. Peel, then cut **onion** into ¼-inch slices. Heat a large nonstick pan over medium heat. When hot, add 1/2 tbsp oil (dbl for 4 ppl), then onions. Cook, stirring occasionally, until slightly softened, 3-4 min. Add 1 tsp sugar (dbl for 4 ppl) and season with salt. Cook, stirring occasionally, until dark golden-brown, 3-4 min. Transfer **onions** to a plate and set aside. Carefully wipe the pan clean.



Cook patties

Heat the same pan over medium. When hot, add patties to the dry pan. Pan-fry until cooked through, 4-5 min per side.** Transfer patties to a plate and cover to keep warm. (TIP: Don't overcrowd the pan; cook patties in 2 batches if needed!)



CUSTOM RECIPE

If you've opted for **double beef**, don't overcrowd the pan. Pan-fry the patties in batches, if needed!



Toast buns

While **au jus** cooks, halve **buns**, then arrange on an unlined baking sheet, cut-side up. Combine garlic and 1 tbsp oil (dbl for 4 ppl) in another small bowl. Brush garlic oil over **buns**, then sprinkle **cheese** over top. Toast buns in the middle of the oven until golden, 2-3 min. (TIP: Keep an eye on buns so they don't burn!)



Finish and serve

Add **spinach** to the bowl with **tomatoes**. Toss to combine. Spread **mustard mayo** over bottom buns. Stack patties and remaining caramelized onions on bottom buns. Close with top buns. Divide burgers and salad between plates. Serve au jus on the side for dipping.

Dinner Solved!

^{*} Pantry items

^{**} Cook to a minimum internal temperature of 74°C/165°F.