

# Crispy Shallot Pork Croquettes

with Gravy and Mash

Discovery

40 Minutes







**Ground Pork** 







Panko Breadcrumbs



Worcestershire Sauce





Chicken Broth Concentrate

Crispy Shallots





All-Purpose Flour





Green Beans





Chives



Mayonnaise



shredded

Parmesan Cheese,

## Start here

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.

#### **Bust out**

Baking sheet, colander, measuring spoons, potato masher, rolling pin, shallow dish, silicone brush, parchment paper, measuring cups, whisk, large pot, large non-stick pan, vegetable peeler, large bowl

## Ingredients

	2 Person	4 Person
Ground Pork	250 g	500 g
Dijon Mustard	1 ½ tsp	3 tsp
Panko Breadcrumbs	½ cup	1 cup
Worcestershire Sauce	1 tbsp	2 tbsp
Crispy Shallots	56 g	112 g
Chicken Broth Concentrate	1	2
All-Purpose Flour	1 tbsp	2 tbsp
Russet Potato	460 g	920 g
Green Beans	340 g	680 g
Garlic Salt	1 tsp	2 tsp
Chives	7 g	14 g
Mayonnaise	2 tbsp	4 tbsp
Parmesan Cheese, shredded	1/4 cup	¼ cup
Unsalted Butter*	5 tbsp	10 tbsp
Milk*	2 tbsp	4 tbsp
Salt and Pepper*		

- \* Pantry items
- \*\* Cook to a minimum internal temperature of 74°C/165°F.

#### **Allergens**

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

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## Cook potatoes

Peel, then cut **potatoes** into 1-inch pieces. Add **potatoes**, **2 tsp salt** and **enough water** to cover (by approx. 1-inch) to a large pot (use the same for 4 ppl). Cover and bring to a boil over high heat. Once boiling, reduce heat to medium. Simmer uncovered until fork-tender, 10-12 min. Drain and return **potatoes** to the same pot, off heat. Mash **2 tbsp butter** and **2 tbsp milk** (dbl both for 4 ppl) into **potatoes** until creamy. Season with **salt** and **pepper**.



## Form and bake croquettes

Combine pork, Dijon, half the garlic salt, remaining panko, 2 tbsp mashed potatoes (dbl for 4 ppl) and half the Worcestershire sauce in a large bowl. Season with pepper. Form mixture into 4 equal-sized, 1-inchthick oval patties (8 patties for 4 ppl). Brush patties all over with mayo. Working with one patty at a time, press both sides into pankoshallot mixture to coat completely. Transfer patties to a parchment-lined baking sheet. Bake in the top of the oven until cooked through, 10-12 min.\*\*



#### Prep

While **potatoes** cook, open one side of the package containing **crispy shallots**. Using a rolling pin or a heavy-bottomed pan, crush **crispy shallots** in their package to a fine crumb. Trim **green beans**. Thinly slice **chives**.



#### Prep panko-shallot mixture

Heat a large non-stick pan over medium-high heat. When hot, add **1 tbsp butter** (dbl for 4 ppl), then swirl the pan until melted. Add **half the panko**. Cook, stirring occasionally, until golden, 2-3 min. Transfer **panko** to a shallow dish. Carefully wipe the pan clean. Reserve **1 tbsp crispy shallots** (dbl for 4 ppl), then add **remaining crispy shallots** to the shallow dish with **panko**. Stir to combine.



# Cook green beans and start gravy

While **croquettes** bake, heat the same pan (from step 3) over medium-high. When hot, add **green beans** and ½ **cup water** (dbl for 4 ppl). Season with **salt**. Cook, stirring occasionally, until **water** evaporates, 4-5 min. Add **1 tbsp butter** (dbl for 4 ppl), then season with **pepper** and **remaining garlic salt**. Cook, stirring often, until **green beans** are tendercrisp, 1-2 min. Transfer **green beans** to a plate and cover to keep warm. Carefully wipe the pan clean, then return to medium-high. Add **1 tbsp butter** (dbl for 4 ppl), then swirl the pan until melted. Sprinkle **flour** over top. Cook, whisking often, until combined, 30 sec.



### Finish and serve

Whisking constantly, gradually add 3/2 cup water (dbl for 4 ppl), broth concentrate and remaining Worcestershire sauce to the pan with butter. Bring to a simmer. Once simmering, cook, whisking often, until gravy thickens slightly, 1-2 min. Season with salt and pepper. Divide croquettes, mash and green beans between plates. Spoon gravy over croquettes and mash. Sprinkle reserved crispy shallots and Parmesan over green beans. Sprinkle chives over everything.

# **Dinner Solved!**