

Creamy Chicken and Broccoli Bake

with Cheesy Rice and Crunchy Chip Topper

PRONTO

35 Minutes









Chicken Breasts

Broccoli, florets



Jasmine Rice



Cheddar Cheese, shredded



Cream Cheese





Chives



Garlic



Start Strong

Before starting, preheat the oven to 450°F and wash and dry all produce.

Bust Out

Baking Sheet, Large Oven-Proof Pan, Medium Pot, Paper Towels, Whisk, Garlic Press, Measuring Cups, Measuring Cups, Measuring Spoons, Medium Pot

Ingredients

ingredients		
	2 Person	4 Person
Chicken Breasts	2	4
Broccoli, florets	227 g	454 g
Jasmine Rice	½ cup	1 cup
Cheddar Cheese, shredded	⅓ cup	½ cup
Cream Cheese	3 tbsp	6 tbsp
Shallot	50 g	100 g
Chives	7 g	14 g
Garlic	6 g	12 g
Chips	1	2
Unsalted Butter*	2 tbsp	4 tbsp
Milk*	½ cup	1 cup
Oil*		
Salt and Pepper*		

^{*} Pantry items

Allergens

Hey home cooks! Please refer to our meal kit labels for the most current allergen information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



1. PREP & COOK RICE

Add 1 1/4 cups water (dbl for 4 ppl) in a medium pot. Cover and bring to a boil over high heat. Meanwhile, cut broccoli into bitesized pieces. Thinly slice the chives. Peel, then thinly slice the shallot. Peel, then mince or grate garlic. Add rice to the pot of boiling water. Reduce heat to low. Cover and cook, until rice is tender and liquid is absorbed, 12-14 min.



2. ROAST BROCCOLI

While **rice** cooks, toss **broccoli** with **1 tbsp oil** (dbl for 4 ppl) on a baking sheet. Season with **salt** and **pepper**. Roast in **top** of oven, until golden-brown and tender, 14-16 min.



3. COOK CHICKEN

While **broccoli** roasts, pat the **chicken** dry with paper towels. Cut the **chicken** into bitesized pieces. Heat a large oven-proof pan over medium-high heat. When hot, add **1 tbsp oil** (dbl for 4 ppl), then **chicken**. Season with salt and **pepper**. Cook, stirring often, until golden-brown, 4-5 min.** Transfer the **cooked chicken** to a plate. Set aside.



4. MAKE CHEESE SAUCE

Heat the same pan over medium heat. When hot, add the **shallot**, **garlic**, **2 tbsp butter** and ½ **cup milk** (dbl both for 4 ppl). Whisk together in the pan. Bring to a slow simmer, 2-3 min. Add **half the chives**, then slowly stir in the **cream cheese** until melted, 1-2 min. Season with **salt** and **pepper**.



5. ASSEMBLE BAKE

Fluff rice with a fork. Add broccoli, rice and chicken to the pan with cheese sauce. Stir to combine. Crush over the chips and sprinkle over cheddar cheese. Bake in middle of oven, until cheddar cheese melts, 3-4 min.



6. FINISH AND SERVE

Divide the **chicken** and **broccoli rice** between bowls. Sprinkle over **remaining chives**.

Dinner Solved!

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^{**} Cook to a minimum internal temperature of 74°C/165°F, as size may vary.