

Cranberry and Cheese Stuffed Chicken

with Sweet Potato-Chive Mash and Spring Salad

FAMILY

35 Minutes









Chicken Breasts



Dried Cranberries



Sweet Potato, cubes



Chives





Mozzarella Cheese, shredded





White Wine Vinegar



Spring Mix

Grape Tomatoes



Salad Topper

Start Strong

Before starting, preheat the oven to 425°F and wash and dry all produce.

Bust Out

Large Bowl, Measuring Spoons, Paper Towels, Potato Masher, Small Bowl, Whisk, Aluminum Foil, Large Pot, Baking Sheet, Large Non-Stick Pan

Ingredients

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	4 Person
Chicken Breasts	680 g
Dried Cranberries	28 g
Sweet Potato, cubes	680 g
Chives	7 g
Mozzarella Cheese, shredded	½ cup
Spring Mix	113 g
White Wine Vinegar	2 tbsp
Grape Tomatoes	113 g
Salad Topper	28 g
Unsalted Butter*	3 tbsp
Sugar*	1 tsp
Oil*	
Salt and Pepper*	

- * Pantry items
- ** Cook to a minimum internal temperature of 74°C/165°F, as size may vary.

Allergens

Hey home cooks! Please refer to our meal kit labels for the most current allergen information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



1. COOK SWEET POTATOES

Combine the **sweet potatoes**, **1 tsp salt** and enough **water** to cover (approximately 1-2 inches) in a large pot. Cover and bring to a boil over high heat. Reduce heat to medium and simmer, uncovered, until **sweet potatoes** are fork-tender, 10-12 min.



2. STUFF CHICKEN

While the **sweet potatoes** cook, mix together **cranberries** and **mozzarella** in a small bowl. Pat **chicken** dry with paper towels. Carefully slice into centre of **each breast** - parallel to cutting board - leaving 1-inch intact on the other end. Open up **each breast** like a book and season with **salt** and **pepper**. Divide **cheese filling** between **each breast**, then fold closed. Season the outside of the **chicken** with **salt** and **pepper**.



3. COOK CHICKEN

Heat a large non-stick pan over medium-high heat. When hot, add **1 tbsp oil**, then **chicken**. Sear, until golden-brown, 2-3 min per side. Remove pan from heat. Transfer **chicken** to a foil-lined baking sheet. Bake, in **middle** of oven, until **chicken** is cooked through, 10-12 min.**



4. MAKE DRESSING

While the **chicken** roasts, halve **tomatoes**. Whisk together **vinegar**, **3 tbsp oil** and **1 tsp sugar** in a large bowl. Add **tomatoes** and toss together. Season with **salt** and **pepper**. Set aside.



5. MASH SWEET POTATOES

When **sweet potatoes** are tender, drain and return to same pot. Using a masher, mash in **3 tbsp butter** until smooth. Season with **salt** and **pepper**. Stir in **half the chives**.



6. FINISH AND SERVE

Add the spring mix and salad topper to the dressing. Toss together. Divide the sweet potato mash, chicken and salad between plates. Drizzle over any juices left on the baking sheet over the chicken, then sprinkle over remaining chives.

Dinner Solved!

Contact

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