

Chili-Hoisin Pork Chops

with Sautéed Garlic-Soy Veggies

Spicy

30 Minutes









Basmati Rice



Zucchini





Soy Sauce

Garlic Powder



Chili-Garlic Sauce





Green Onion

Start here

- Before starting, preheat the oven to 425°F.
- Wash and dry all produce.

Heat Guide for Step 4 (dbl for 4 ppl):

- Mild: 1 tbsp
- Medium: 1 ½ tbsp
- · Spicy: 2 tbsp

Bust out

Baking sheet, vegetable peeler, measuring spoons, medium pot, small bowl, measuring cups, large non-stick pan, paper towels

Ingredients

	2 Person	4 Person
Pork Chops, boneless	340 g	680 g
Hoisin Sauce	⅓ cup	½ cup
Basmati Rice	¾ cup	1 ½ cups
Zucchini	200 g	400 g
Garlic Powder	1 tsp	2 tsp
Soy Sauce	2 tbsp	4 tbsp
Chili-Garlic Sauce	2 tbsp	4 tbsp
Carrot	170 g	340 g
Green Onion	2	4
Oil*		

Salt and Pepper*

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

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Cook rice

- Add rice, half the garlic powder, 1 ¼ cups water and 1/4 tsp salt (dbl both for 4 ppl) to a medium pot. Cover and bring to a boil over high heat.
- Once boiling, cover and cook until rice is tender and **liquid** is absorbed, 12-14 min.
- Remove the pot from heat. Set aside, still covered.



Prep

- Meanwhile, peel, then halve carrot lengthwise, then cut into 1/4-inch half-moons.
- Halve **zucchini** lengthwise, then cut into 1/4-inch half-moons.
- Thinly slice green onions.



Cook pork

- · Heat a large non-stick pan over mediumhigh heat.
- Meanwhile, pat pork dry with paper towels. Season with **salt** and **pepper**.
- When the pan is hot, add 1/2 tbsp oil (dbl for 4 ppl), then **pork**. Pan-fry until golden, 1-2 min per side.
- Remove the pan from heat.
- Transfer **pork** to an unlined baking sheet.
- Roast in the **top** of the oven until cooked through, 8-10 min.**



Make chili-hoisin sauce

- Meanwhile, add hoisin sauce, half the soy sauce, 1 tbsp water and 2 tbsp chili-garlic **sauce** to the same pan. (NOTE: Reference heat guide.)
- · Return the pan to medium-high. Cook, stirring often, until sauce is warmed through, 20 sec. Remove the pan from heat.
- Transfer chili-hoisin sauce to a small bowl.
- Carefully wipe the pan clean.



Cook veggies

- Reheat the same pan over medium-high.
- When the pan is hot, add carrots, then 1/4 cup water (dbl for 4 ppl). Cook, stirring occasionally, until water is absorbed, 3-4 min.
- Add zucchini, half the green onions and 1/2 tbsp oil (dbl for 4 ppl). Cook, stirring occasionally, until **zucchini** softens slightly, 2-3 min.
- Sprinkle remaining garlic powder over the pan, then add remaining soy sauce. Cook, stirring often, until veggies are tender-crisp, 2-3 min. Season with salt and pepper, to taste.



Finish and serve

- Add remaining green onions to the pot with rice, then fluff with a fork.
- Thinly slice pork.
- Divide **rice** between plates. Top with veggies, then pork.
- Drizzle chili-hoisin sauce over pork.

Dinner Solved!

^{*} Pantry items

^{**} Cook to a minimum internal temperature of 71°C/160°F, as size may vary.