

Chicken Schnitzel

with Garlic Potatoes and Mustard Green Beans

Family Friendly

40 Minutes



HELLO CHICKEN SCHNITZEL German style of thinly sliced, breaded and pan-fried meat!

Start here

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.

Bust out

2 baking sheets, measuring spoons, plastic wrap, rolling pin, shallow dish, large bowl, parchment paper, small bowl, large non-stick pan, paper towels

Ingredients

	2 Person	4 Person
Chicken Thighs •	4	8
Yellow Potato	360 g	720 g
Italian Breadcrumbs	4 tbsp	8 tbsp
Mayonnaise	4 tbsp	8 tbsp
Green Beans	170 g	340 g
Whole Grain Mustard	1 tbsp	2 tbsp
Sour Cream	3 tbsp	6 tbsp
Garlic	3 g	6 g
Horseradish	1 tbsp	2 tbsp
Unsalted Butter*	2 tbsp	4 tbsp
Oil*		

Salt and Pepper

* Pantry items

** Cook to a minimum internal temperature of 74°C/165°F, as size may vary.

• Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent. Both will disappear 3 minutes after opening.

Allergens

Hey home cooks! Please refer to our meal kit labels for the most current allergen information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

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Roast potatoes

Cut **potatoes** into quarters. Toss **potatoes** with **1 tbsp oil** (dbl for 4 ppl) on a parchmentlined baking sheet. Season with **salt** and **pepper**. Roast in the **bottom** of the oven, tossing **potatoes** halfway through cooking, until golden-brown, 25-28 min.



Prep chicken

While **potatoes** roast, pat **chicken** dry with paper towels. Cover **each chicken thigh** with plastic wrap. Using a mallet, rolling pin, or heavy-bottomed pan, pound **each chicken thigh** until ½-inch thick. Season with **salt** and **pepper**.



Coat chicken

Add **breadcrumbs** to a shallow dish. Coat **chicken** all over with **half the mayo**. Working with **one chicken thigh** at a time, press both sides into **breadcrumbs** to coat completely.



Cook chicken

Heat a large non-stick pan over medium-high heat. When hot, add **1 tbsp oil**, then **chicken**. Pan-fry, until golden-brown, 2-3 min per side. (**NOTE:** For 4 ppl, cook in batches, using 1 tbsp oil for each batch.) Remove the pan from heat. Transfer **chicken** to another parchment-lined baking sheet. Bake in the **middle** of the oven, until **chicken** is cooked through, 12-14 min.** Carefully wipe the pan clean.



Cook beans

While **chicken** cooks, peel, then mince or grate the **garlic**. Trim **green beans**. Heat the same pan over medium-high. When hot, add ¹/₂ **tbsp oil** (dbl for 4 ppl), then **green beans**. Cook, stirring occasionally, until tender-crisp, 3-4 min. Reduce the heat to medium-low, then add **mustard** and **1 tbsp butter** (dbl for 4 ppl). Cook, stirring occasionally, until **green beans** are coated, 1-2 min. Season with **salt** and **pepper**.



Finish and serve

Combine sour cream, horseradish and remaining mayo in a small bowl. Add potatoes, ½ tsp garlic and 1 tbsp butter (dbl both for 4 ppl) to a large bowl. Toss until butter has melted and potatoes are coated. Divide garlic potatoes, mustard green beans and chicken schnitzel between plates. Spoon horseradish cream over chicken.

Dinner Solved!